



SUFFOLK
Community
Foundation

Surviving Winter APPEAL

2023/24



WINTER FUEL PAYMENT

DON'T NEED IT?
DONATE IT!



WITH A MASSIVE THANKS TO:

Programme
Partners



Our
Sponsors



POUND GATES
CHARTERED INSURANCE BROKERS

Our
Business
Partners



The latest UK government statistics indicate that there has been an alarming rise in households experiencing fuel poverty. The figure now stands at 14.4%.

For Suffolk this indicates that the county now has 100,000 people living in fuel poverty this winter.

Our 'DON'T NEED IT DONATE IT' message is a simple one. If you are in receipt of a non means tested government Winter Fuel Payment or are able to make a donation, then please give to the Surviving Winter Appeal. Our partners at Citizens Advice all over the County will then swiftly distribute your gift to heat the home of somebody else in Suffolk who is not able to make ends meet. By working together, we have already kept many thousands of people safe and warm in our local communities.

The sad reality is, this winter will prove even harder for many more people in our local communities.

As the high cost of living continues, your donation will do so much more than simply heat a home. For local families and individuals of all ages, living in cold conditions poses a serious threat to both physical and mental wellbeing. It can cause damage to family life and the future prospects of our young people. For anyone with a disability or health issues, just a few degrees drop in room temperature can place a serious threat to their life.

By giving to this year's Surviving Winter Appeal you will be supporting hard-working low-income families, individuals who are struggling to make ends meet and, of course, the older people in our communities who, perhaps, feel the cold the most.

Please do make sure you only give what you can afford. It's so important that you stay warm and well. But if you are in a position to make a donation please give generously. Together we can provide a lifeline to local people who really need our support.

Whether you are an individual or a business you may consider fundraising by organising an event in your community or workplace – a quiz, a cake sale, a cosy winter walk – fundraising is a great way to bring people and communities together with a real purpose.

For a pack that will help you promote your activities, please visit: suffolkcf.org.uk/partner-resources

Last year's Surviving Winter Appeal delivered over

£340,000

in payments supporting 1,000's of people across Suffolk.

We can't thank everyone enough for their generous contributions to last years Appeal but this year the need is greater than ever. Please give what you can.

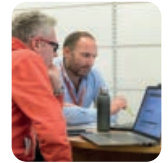
Do you need help this winter?

The friendly team at Citizens Advice here in Suffolk are here to help you stay warm, safe and well in your home this winter.

If you, your family, a parent, a grandparent, a friend or a neighbour are struggling to keep warm this winter then we would ask you to contact the team to see if they can help.

For well over a decade the Surviving Winter Appeal has been in place to help those most in need to keep their heating on.

A private and confidential chat could really make the difference so please call the team today.



Working with Citizens Advice branches in Suffolk.

To get help heating your home please call the Surviving Winter team at Citizens Advice on 01473 298 634 citizensadviceipswich.org.uk/surviving-winter

“ The help we have received has really changed our lives. Yes, you do have to be brave to receive help, you feel that you should be managing but you just have to accept sometimes that you can't carry on as you are and must ask for help. The team for the Appeal have been lovely, caring and trustworthy and we just can't thank everyone enough for all they have done to help us.”

- SUSAN

“ I'm independent and I don't like asking for help and I felt really nervous about doing it, but I'm so glad that I did. It's made a huge difference to my life and now I can stay warm at home. I want to say how kind the people at Surviving Winter are and how much help they have been.”

- GEORGETTE

“ Before I received help, I had taken to staying in bed much more and using hot water bottles to stay warm. But now I can get out of bed and sit and move around a little, which really helps with pain and everything. Thank you so much for the help.”

- CHRISTINE

Please make your donation to the Surviving Winter Appeal today



To donate online open your camera and scan this QR code or visit www.suffolckf.org.uk

To pay by card please call Suffolk Community Foundation on **01473 602602**. Alternatively, do visit any branch of **Suffolk Building Society**, who are accepting donations over the counter.

- I wish to donate my Winter Fuel Payment to the Surviving Winter Appeal and enclose a cheque for £ _____ made payable to Suffolk Community Foundation.
- I want to Gift Aid this donation and all other donations from this date forward. By gift aiding your donation you will add 25% to the value of your donation.*
- I would like to simply make a donation to the Surviving Winter Appeal (please don't forget to tick the Gift Aid box above to boost your gift).

Name: _____

Address: _____

_____ Postcode: _____

Email: _____ Telephone: _____

Signature: _____ Date: _____

Thank you for your support

Please return to:
Surviving Winter Appeal
Suffolk Community Foundation
Peninsula Business Centre
Wherstead, Ipswich, Suffolk IP9 2BB

Charity no: 1109453 Company reg: 05369725

www.suffolckf.org.uk



SUFFOLK
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* To qualify for gift aid, what you pay in income tax or capital gains tax during the year must be at least equal to the amount we claim



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