



SUFFOLK
Community
Foundation

ANNUAL REPORT 21/22



suffolkcf.org.uk

OUR VISION

For Suffolk to have strong, supportive, and flourishing communities where everyone has an opportunity to realise their potential recognising the benefits that partnership working brings.

OUR MISSION

To inspire local giving and philanthropy to improve local lives by connecting causes that matter with people who care.

OUR PURPOSE

To improve the current and future health, wellbeing, and prosperity of Suffolk's communities. We are driven to help charities and community organisations who are supporting local people facing disadvantage to improve their lives. We provide impartial strategic leadership encouraging collaboration to meet the county's social needs.

In 2021/22 our partnerships with private donors, local businesses, public sector and independent trusts and foundations have delivered

£4.9M

in grant funding to address need in Suffolk. THANK YOU!



Children & families



Compassion in crisis



Older people



Thriving & safe communities



Education, learning & life skills



Health & wellbeing

We would like to offer our sincere thanks to the leaders, staff, volunteers and all at



for welcoming us into your organisations to share so many lived experiences. Much of the imagery in our Annual Report was gathered on these visits and demonstrates so well the impact of our work together.

CHAIR AND CHIEF EXECUTIVE'S INTRODUCTION

We have great pleasure in presenting our Annual Report and Financial Statements for the year ended 30 June 2022.

As Chair of Suffolk Community Foundation, it continues to be enormously inspiring and a privilege to be a part of such a dedicated team. Our report this year is filled with positive highlights, the facts and figures for 2021/22 and many more interesting articles.

Our staff, trustees, patrons and volunteers work across every corner of Suffolk to improve the county's ability to connect causes that matter with people who care. Our work is set against the current backdrop of rising levels of need in Suffolk, with an estimated 75,000 now living in poverty. However, the will in Suffolk to provide support remains undiminished. Every day we witness the positivity, innovation and determination of Voluntary, Community, Faith and Social Enterprise (VCFSE) staff and volunteers to help even more people. Working together with them, our joint focus remains to deliver greater sustainability of funding for their work to address need and to convene partnerships that share knowledge and increase impact.

Perhaps one of the clearest demonstrations of this work in action is what the county has achieved in support of our flagship Surviving Winter Appeal. The initial primary objective was to keep older people warm in winter. Through a shared sense of direction and purpose, this initiative has grown into a much more comprehensive year-round programme helping many thousands of people of all ages to improve their financial resilience, living conditions and health and wellbeing. This partnership between the Foundation, VCFSE, public sector, businesses and the general public has achieved so much and I know is passionate to do more. I would like to sincerely thank everyone involved.



GEORGE VESTEY DL
CHAIR, SUFFOLK COMMUNITY FOUNDATION

Underpinning this and many other projects in the county, are the 112 funds created by individuals, families, businesses, trusts, foundations and a broad cross section of the public sector. The joint focus is to address the considerable needs of today, but also to build an endowment that will continue to support local lives in perpetuity. To date their generosity and foresight have helped us support 3000 local organisations with a total £38.5M in grant funding. We sincerely thank everyone who has contributed to this incredible achievement and invite many more to join us.

In September 2022, the Foundation transitioned its leadership from Stephen Singleton, our founding Chief Executive to Melanie Craig, who joins us following a successful career in the NHS both nationally and in Suffolk. I'm sure you will want to join me in thanking Stephen for building Suffolk Community Foundation from the ground up. Over the past 18 years he has built considerable financial support to address the need in Suffolk, created mapping of Suffolk's hidden needs and supported so many VCFSE organisations to grow and improve the impact of the services they deliver.

We are excited to welcome Melanie to the team. Even in her first few months it is already very clear that her passion for Suffolk and impressive leadership skills are exactly what we need for the next stage of the Foundation's development.

As we continue to tackle the devastating effects of both Covid 19 and sharp rises in the cost of living, we can clearly see that partnership is the key to maximising greater impact. I invite you to add your support to Melanie and her team as we all continue to work in even stronger collaboration with all those in Suffolk seeking to make a positive impact on local lives.



MELANIE CRAIG
CHIEF EXECUTIVE,
SUFFOLK COMMUNITY FOUNDATION



STEPHEN SINGLETON
CHIEF EXECUTIVE 2005-AUG 2022,
SUFFOLK COMMUNITY FOUNDATION

WHERE DONATIONS AND UPCYCLING
CHANGES LIVES

In 2021/22 with the help
of our volunteer grants
panels, we delivered

902 grants

to local charities and community
organisations. **72 groups** received funding
from the Foundation for the first time.

Thank you!

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In conversation with Melanie Craig and Hannah Reid.

Just like society as a whole, the Voluntary, Community, Faith and Social Enterprise (VCFSE) sector continues to face challenging times. Journalist David Powles discovers that the 'vital fabric' of Suffolk life remains strong, and with a little more help, we can do so much more.

"I've only been in this post for a few months, but I was immediately struck by just how strong this sector is and how many organisations there are doing vital work. Volunteers give up huge amounts of their time to help others and organisations working with each other to find the best ways to make a difference. If we can continue to inspire more people to give their time and money to support this great work, there is so much more we can do together and so many reasons for people in Suffolk to be positive about the future."

These are the words of Melanie Craig when asked to sum up her early conclusions about Suffolk's VCFSE sector since becoming CEO of the Suffolk Community Foundation in September 2022.

Hannah Reid, deputy chief executive of Community Action Suffolk (CAS), and her team work closely with the Foundation to support local charities and voluntary organisations. She describes charity staff and volunteers as 'incredible' and is in no doubt that the sector as a whole is 'vital to the fabric of Suffolk life'.

However, neither Melanie or Hannah is in any doubt about the challenges going forward, both have a clear view of the sector and the huge rise in need it is supporting as society moves out of a crisis caused by Covid-19 and into one largely caused by the increased cost-of-living.

Just as businesses and individuals are not immune to the issues of 2023, such as increased bills, increased demand and reduced spending pots, neither is the VCFSE sector, as Hannah explains: "The sector is being hit hard, we're seeing funding becoming more short-term and sometimes smaller pots, which impacts long-term planning and stability. Volunteer numbers have decreased and there are significant reductions in giving from the public."



Rather than focus on the problems they face, the pair are determined to discuss solutions and some of the ways these issues can be tackled head on.

When it comes to continuing to provide core services, both believe that collaboration is key and that the sector works best, when it works together.

However, that doesn't necessarily mean mergers and sharing resource, as Hannah explained:

"Collaboration works best when organisations come together around a need first, seeking funding for the solutions they create together comes next. For example, we have seen lots of charities in Suffolk working brilliantly together around supporting Ukrainian refugees, where sharing knowledge and experience around a cause was so effective. We've also seen it around homelessness, or caring, or even at a hyperlocal level when organisations work together out of a village hall for the good of their community. We are so good at working together like this in Suffolk."

Melanie agrees and says the Foundation is 'actively looking' for ways in which it can support the sector to share skills and experience.

For many organisations, funding through grants and from public bodies remains vital to the work they do, however both Melanie and Hannah are concerned the size and length of such grants can make it harder to have a lasting impact.



Melanie commented: "The sector is constantly chasing funding and this funding is increasingly given in smaller amounts and with a constant need to demonstrate change and movement."

"This is making it so much harder for organisations to plan beyond 12 months or to take a risk with new projects and that could be detrimental in the long run. We all, including the Foundation, need to work together to encourage funders to offer more long-term guarantees, it would make a big difference."

Whilst funding and donations remain key to the viability of any charity or voluntary organisation, so too does having a team of volunteers to call upon and this is another pressure, with overall numbers down.

Melanie and Hannah cite Community Action Suffolk's initiative Employer Supported Volunteering (ESV) as an example of a fantastic way Suffolk firms can make a real difference, but called on everyone to think of how they can do their bit to ensure the sector remains strong – no matter how small the donation of time or money.

Hannah said: "If employers could just give their staff two days a year to volunteer, that could make an immense difference. Professionals can also donate their expertise. We also have a fantastic scheme called Pro Help, in which a network of employers give up their time for a specific reason. We have 54 professionals working with us already, which is great, but there are a lot more than 54 employers in Suffolk."

Melanie was keen to highlight the many benefits of volunteering at any stage of life, but also wanted to stress the importance of young people getting involved and as a section of society particularly deserving of praise. 'They are a big reason to remain positive about the future.'



She said: "Making an effort to support other people, through giving or volunteering, has such a beneficial impact on your own self-worth and wellbeing."

"What gives me hope is that we are really seeing an understanding amongst young people that volunteering can help them as individuals, both in terms of their well-being and their employability. It's great that schools are encouraging that as well."

Looking to the future, other measures being taken by the sector include looking for green solutions as a way to save costs in the long-run and encouraging families to volunteer together. Hannah says her organisation's most recent Cost of Living research, due to be released imminently, showed a more long term outlook for the sector than the initial research in the summer of 2022.

Meanwhile, what both Melanie and Hannah agree upon is that in order to sustain a better future for the sector, even the small things can make a big difference.

Melanie explained: "I know just how much more we could do with just a little bit more support, whether that's through time, or money, or simply understanding what we do and how we do it."

"If, as a county, we come together to improve relationships and how we work in partnership, there is so much that could be achieved."

The past year has seen a positive continuation of our partnerships activity with the public sector. Our joint focus has transitioned from Covid-19 towards supporting our communities with the cost of living. Importantly, we have also increased our levels of collaboration to address a range of other key areas of need across the county.

The pandemic brought a renewed focus on health inequalities, with recognition that health outcomes are often poorer across certain demographic groups. To this end, we have been able to continue our work with colleagues from across the NHS and the wider Integrated Care System including VCFSE, local authorities, and Health with our Cancer Screening Awareness Fund. We have also been able to work in partnership with colleagues in Suffolk County Council's Public Health team to renew the Healthy Heart Fund. Both of these funds are great examples of how we are working with public sector organisations, enabling and encouraging Voluntary Sector provided services within our communities that support individuals' health and wellbeing.

With the Cost of Living crisis affecting many of us, we have sought to work with our partners to develop new funds that mitigate its impact. One such fund has been the Tackling Poverty Food and Financial Wellbeing Fund.

This fund has enabled grants to be distributed to organisations meeting the growing demand for food from those in need. Importantly though, this fund has also enabled community-based projects that tackle some of the root causes of need. Financial literacy is a significant issue and assisting people to acquire more skills and confidence in managing their money can yield long term ongoing benefits for them and others.

We have also partnered with Suffolk County Council to distribute grants via the Household Support Fund. This fund has played an instrumental role in tackling poverty across Suffolk through the provision of food and home energy support as well as the supply of other essential household items for those without the means to purchase them.



Just a few examples of grants that have been delivered in partnerships with the public sector:



Healthy Heart Fund



The grant request of £6,000 will enable the organisation to carry out targeted work around health checks, positive health changes and Cardiovascular Disease (CVD) awareness with refugees and asylum seekers in Suffolk.

Suffolk Refugee Support (SRS) know their clients are disproportionately likely to suffer from conditions such as heart disease and diabetes, and less likely to access health checks routinely. In addition, a significant proportion of the settled refugee population they work with are entering the age range where regular health checks, and other checks such as breast screening, become especially beneficial. Through their Advice Service and group work they will discuss and encourage the take up of NHS Health Checks and improve clients' understanding of the benefits of these. They will also facilitate access to their clients and groups to providers such as OneLife Suffolk. As a result of these health checks, they will support clients to draw up individual plans to make positive health changes. They will also promote awareness of CVD, the main risk factors and how it can be prevented through their advice work and group sessions.



Cancer Screening Awareness Fund



The grant request of £1,520 is allowing SPOT Wellbeing Community Interest Company (CIC) to add the topic of cancer screening to its health and wellbeing groups which run over a period of 6 weeks for 90 minutes a week.

The sessions are relaxed, friendly and include an exercise session, a talk and time to socialise and currently include topics such as the benefits of exercise, falls awareness, mindfulness and relaxation, nutrition, common health conditions and a discussion, signposting and feedback session. The additional sessions will include an educational presentation followed by group discussions which promote open and honest discussion and help to remove stigma and embarrassment. Health professionals will be available to answer questions and support will be provided for those that need help in contacting their GP or booking screening appointments. The organisation currently has 3 groups confirmed so far this year with 10-12 participants, with a further 7 groups in the pipeline. A grant will pay for additional staff and venue hire costs for these 10 groups.



Tackling Poverty Food and Financial Wellbeing Fund



The grant request of £5,000 is being used by Citizens Advice Ipswich to provide a mobile Income Maximisation Officer to work around the town at community outlets such as libraries and top up shops.

This is a newly created post in response to the demand on the organisation for assistance. This worker will not handle any of the other issues the Citizens Advice deals with, this worker will purely be employed to maximise family income.

Connecting the Local to the Global.

The UN's Sustainable Development Goals (SDG's) underpin the aims of the UN to alleviate poverty and increase sustainability on a global scale. They are a central component of the UN Resolution titled 'The 2030 Agenda'. There are 5 goals that really focus attention on the key areas of need in Suffolk.

The 17 SDG's provide the framework needed to sew a golden thread through the work of the Voluntary, Community, Faith and Social Enterprise (VCFSE) sector. Focusing on People, Planet, Prosperity, Peace, and Partnership, the Goals provide a blueprint to achieve a better and more sustainable future for all. The SDG's have been designed so that activity can be undertaken at various scales with local action contributing towards both local and global outcomes. Furthermore, they capture the essence of community foundation activity and align with our vision to drive philanthropy and collaboration across communities to enable meaningful and sustainable change. The team at Suffolk Community Foundation have incorporated

the SDG's into our internal processes so that we can better understand and celebrate the contribution we are making, and that of the wider VCFSE sector across Suffolk, against the goals.

Within this document we highlight a selection of project grants funded by the Foundation in support of achieving these aims. If you visit our Suffolk's Stories section on suffolkcf.org.uk, you'll see which goals the projects we've funded are addressing. We have used the SDG's within our Annual Report. Look out for the icons below on our Suffolk's Stories pages to find out what goal each project is addressing.

We have selected five of the SDG's to focus on, those that best align to the need in Suffolk. These five are:



It's business as usual and our Grants Team are here to help. The Foundation is building trusted relationships with the voluntary sector in Suffolk. Much time is spent either on the phone or visiting groups and organisations to fully understand and keep up-to-date with the impact being achieved.

Our grants team are all ears! The team is fully committed to building trusted partnerships with the voluntary sector in Suffolk and those who seek to provide financial support for their work. Two way communication is key, with a focus on regular contact and visits to charities and community groups across every corner of the county. The depth of knowledge sharing we build together provides timely advice and funding to individual projects. Even more importantly, it provides the up-to-date mapping of need in Suffolk that contributes strongly to our shared ability to focus and flex services and achieve the best possible outcomes.

The team welcomes new ideas and are always keen to hear when the green shoots of a new project are springing up. If you are a new group contacting us for the first time or an established charity or community group, we will provide valuable pointers to relevant Foundation funding, but are also happy to signpost financial support available elsewhere. In partnership with Community Action Suffolk, we can also help to advise you on the structures and governance you will need to build a sustainable organisation that achieves funding success.

We are a friendly team that is here to help you, so please do give us a call on 01473 602602 or email grants@suffolkcf.org.uk



SHARING THE LOVE OF READING AT THE SOCIAL SUPERMARKET



“ I am so thrilled to be joining the Foundation team as Head of Programmes and look forward to building upon the amazing work and partnerships already in place. It is especially inspiring to take on this challenge at a time when key stakeholders in the county are working in ever closer partnership. I aim to use my skills and experience to evolve and strengthen the way we all work together to support those in need - connecting causes that matter with the people who care to make Suffolk a better place for all. ”

KAREN HOLMES
HEAD OF PROGRAMMES

We would like to thank all our donors, grants panel volunteers and VCFSE partners for working with us in the delivery of vital grant funding to local charities and community groups in 2021/22. Together, we distributed 902 grants totalling £4.9M supporting projects across the county, including 72 groups (highlighted in blue) who received funding from the Foundation for the first time.

Acorn (Pound Gates & Sevatas) Fund
£4,000

- Ipswich Sports Club For The Disabled
- Suffolk Young People's Health Project

Arts and Culture Fund
£14,373

- Communities Together East Anglia
- Bury St Edmunds Ecumenical Centre Trust (BECT)
- DanceEast
- Leiston United Church
- Music in Our Bones
- Saxmundham Music and Arts CIC
- The Art Station
- The Mix Stowmarket
- The Seagull Lowestoft CIC
- TOPCATS

Birketts Fund
£14,959

- Eye Opportunity Group
- Greener Growth CIC
- L'Arche Ipswich
- Ormiston Families
- Riding for the Disabled (Woodbridge & District Group)
- Suffolk Rape Crisis
- The Christopher Centre
- The Mix Stowmarket
- Wednesday's Child

Bluebell Fund
£22,000

- FIND (Families in Need) Ltd
- The Food Museum

Brooks Fund
£6,000

- Kernos Centre
- Oasis English Language School
- Room 4...
- The Befriending Scheme

Bunting Fund
£500

- St Andrew's Layham Church

Centenery Fund
£13,440

- River Church Ipswich
- St John the Baptist, Church
- St John's Church
- St Matthew's Church
- Triangle Church Ipswich

Children & Young People Wellbeing Fund
£9,038

- Pathways Care Farm
- YMCA Trinity Group

Co-op Community Cares Fund
£202,150

- Access Community Trust
- ActivLives
- Communities Together East Anglia
- Christian Youth Ministries
- Disability Advice Service (East Suffolk)
- East Anglia's Children's Hospices
- Eden's Project
- Emmaus Suffolk Ltd
- Eye Opportunity Group
- Family First
- Footsteps Walking With You
- Hive
- Inspire Suffolk
- Ipswich BMX Club
- Leiston Town Pastors
- Leiston United Church
- Citizens Advice East Suffolk
- REACH Community Projects
- Re-engage
- Riding for the Disabled (Woodbridge & District Group)
- Rock Paper Scissors Arts CIC
- Somersham Tennis Club
- Suffolk Artlink
- Suffolk Family Carers
- The East of England Faith's Agency CIC
- The Mix Stowmarket
- The Seagull Lowestoft CIC
- Walton Parish Nursing
- Woodbridge Tide Mill Museum

Community Support Fund
£117,848

- 48th Ipswich Brownies
- Access Community Trust
- All Hallows Community Church Ipswich
- Beccles Volunteer Centre/Community Hub
- BME Suffolk Support Group
- Bungay Community Support (BCS)
- Bures St Mary Parish Council
- Bury Drop In
- Future Female Society
- Halesworth Volunteer Centre
- IP3 Ipswich Good Neighbour Scheme
- Ipswich and Suffolk Council for Racial Equality (ISCRE)
- Ipswich Disabled Advice Bureau
- IPSWICH17 Good Neighbour Scheme (IP17GNS)
- Living Water
- Lowestoft Community Church
- Melton Good Neighbour Scheme
- Memories are Golden
- Newmarket Open Door
- Parochial Church Council of Boxford
- P.H.O.E.B.E.
- Raydon Community Lunch Club
- Rushmere Good Neighbour Scheme
- SPEAK Ipswich CIC
- St Francis Church
- St Mary and St Botolph's Church, Whitton
- St Matthew's Church

- St Peter's Church, Stoke Park
- Suffolk Mind
- The Lightwave Community CIO
- Union Romani Voice
- Warden's Charitable Trust
- Westleton Village Hall

Cunliffe Family Fund
£4,000

- All Saints Church, Brandeston
- Framlingham Area Youth Action Partnership
- Hertfordshire Hearing Advisory Service
- Ipswich Housing Action Group (IHAG)
- Level Two Youth Project

David & Jill Simpson Fund
£50,119

- Aspect Living Foundation
- Communities Together East Anglia
- Disability Advice Service (East Suffolk)
- GoStart Community Transport
- IPSWICH17 Good Neighbour Scheme (IP17GNS)
- Memories are Golden
- Our Special Friends
- Re-engage
- Suffolk Mind
- The Befriending Scheme
- The Seagull Lowestoft CIC
- Three Rivers Talking Newspaper

Davies Fund
£3,968

- Riding for the Disabled (Woodbridge & District Group)
- St. Elizabeth Hospice
- White Elm Woodland CIC

Denbury Charitable Fund
£715,940

- Access Community Trust
- Alumah CIO
- Bury Drop In
- Bury St Edmunds Women's

- Aid Centre
- Debenham Roundabout Preschool
- Halesworth Volunteer Centre
- Hope After Suicide Loss
- Icenii Ipswich
- Lapwing Suffolk
- Lighthouse Women's Aid
- Newmarket Open Door
- Porch Project
- REACH Community Projects
- Re-engage
- Room 4...
- Rural Coffee Caravan Information Project
- SouthGen
- Suffolk Libraries
- Suffolk Mind
- Suffolk Refugee Support
- Volunteering Matters
- Wednesday's Child
- Women Like Me

Euston Family Fund
£1,000

- Euston Church
- St Mary's Roman Catholic Church

Festival of Suffolk Fund
£5,000

- St Edmundsbury Cathedral

Fifty Miles with my Dad Fund (de la Rue family)
£2,000

- LEAPS Suffolk

Fonnereau Road Health Foundation Fund
£55,915

- ActivLives
- Headway Suffolk
- Ipswich Housing Action Group (IHAG)
- Genesis Orwell Mencap
- Pathways Care Farm
- Raedwald Trust
- Rock Paper Scissors Arts CIC
- Still Good Food
- Unity Youth Projects
- Warren Association Trust
- Waveney Domestic Violence & Abuse Forum
- Women Like Me

Food & Drink Fund
£49,660

- Access Community Trust
- Aspect Living Foundation
- Beresford Road Evangelical Church
- Bridge Community Church
- Bury Drop In
- Bury St Edmunds Rickshaw
- Castle Hill Community Centre Trust
- Halesworth Volunteer Centre
- LEAPS Suffolk
- Lowestoft Community Church
- New Life Church (Suffolk)
- REACH Community Projects
- The BASIC Life Charity
- The Compass
- Triangle Church Ipswich

Frank Jackson Fund
£53,179

- 1st Glemsford Air Scout Group
- Emmaus Suffolk Ltd
- Haverhill Community Trust
- Home-Start in Suffolk
- Families Together Suffolk
- Let's Talk Reading
- Oasis English Language School
- Schoolreaders
- Suffolk Refugee Support
- The Kinetic Science Foundation
- The Mix Stowmarket
- TOPCATS
- Unity Youth Projects

Harris Family Fund
£48,867

- All Saints CE Primary PTA
- Beccles Lido Limited
- Disability Advice NE Suffolk (DANES)
- Family First
- Great Barton Free Church (Ltd)
- REACH Community Projects
- Sharing Parenting
- St. Elizabeth Hospice
- Steel Bones
- Suffolk Mind
- Suffolk Young People's Health Project
- Tools with a Mission
- Wonderful Beast



IF WE WORK TOGETHER WE MAKE LIVES BETTER

“ Being involved in the Birketts Fund has been the most eye-opening and rewarding experience. The number of deserving causes, right on our doorstep, who need our support makes you want to do more! ”

JESSICA GODFREY-WITHEY
SENIOR ASSOCIATE, PRIVATE CLIENT ADVISORY, BIRKETTS LLP

Suffolk seeks to create a positive environment for our young people to thrive, develop and become the best they can be. Increasingly, our focus has turned to supporting projects that deliver early intervention, enhancing the development of strong parenting skills and a positive family environment.

The Foundation's grantmaking has focused on funding projects that deliver positive outcomes for children with disabilities, mental health issues and the multiple disadvantages created by deprivation and inequality of access to education and services. During the coronavirus pandemic, emergency support continued to enable charities and community groups to keep moving forward

with their work and adapt their service delivery. In addition, the current cost of living crisis means that in the coming months and years, the sector will need higher levels of funding to support an increase in the numbers of families whose challenges have been compounded by these extraordinary times.



Rock Paper Scissors

Set up to provide high-quality, innovative and accessible arts tuition for children and young people, the focus of this group is on building confidence and encouraging aspiration in young people using art and design. Funding has enabled Rock Paper Scissors to deliver "Our Great British Jubilee Timeline" - a vibrant visual arts celebration of the community from the last seven decades up to the Platinum Jubilee.



Abi's Footprints Baby Bank

This small organisation supports mothers and families in the Sudbury and Great Cornard area who are struggling in difficult circumstances to meet the practical needs of a new baby or infant up to age 5. They provide free of charge, practical essentials that families need for their baby or young child. They are usually preloved items, though some are new, and some are on loan for as long as needed. Funding has enabled Abi's Footprints to support families with food, baby consumables, special baby food, children's clothes, shoes and school uniforms.



4YP

4YP provide and coordinate services that improve the social, emotional, and physical health and wellbeing of young people across Suffolk, aged 12-25. Through advice, guidance and practical support they help young people to develop the skills and knowledge to lead healthier, happier, safer and more resilient lifestyles. Funding has enabled this organisation to extend their detached youth work in Gainsborough, Chantry and Priory Heath in Ipswich as well as supporting their drop-in 'Girls Group' sessions.



If you would like to support Suffolk Community Foundation to help improve the lives of those in need across Suffolk, please call a member of our team on 01473 602 602 or visit www.suffolkcf.org.uk



Suffolk Community Foundation began its work in partnership with Suffolk in 2005. Together we have awarded over

£38.5M

in grant funding to over 3,000 local charities and community groups.

Thank you!

We have the privilege of building long term and trusted relationships with many professional advisors and their clients. An advisor's expertise, when combined with the Foundation's deep knowledge of local need, continues to provide wonderful opportunities for those who care about Suffolk to realise their charitable ambitions locally.

We see many more people in Suffolk in need and facing hardship as a result of Covid 19 and as the negative effects of the cost of living bite even deeper into our communities. National patterns of giving over many years have seen our largest 3% of national and international charities receiving as much as 80% of all charitable giving in the UK. Whilst all giving is good, Suffolk receives the majority of support that it needs from a group of almost 5,000 much smaller grassroots local charities and community groups. As people's understanding of social need and their role in supporting their own community increases, there is a growing interest to learn more about philanthropy and effective, local charitable giving.

Professional advisors are well-placed to provide good quality advice and expert knowledge in this area and are frequently instrumental in a client's decision to explore the benefits of giving locally to Suffolk Community Foundation. Many of the heart-warming and life-changing stories you will discover have been made possible thanks to our partnerships with professional advisors and we truly value the excellent relationships we have with our colleagues across the region.

We work closely with lawyers, accountants, financial managers, land agents, will writers, tax specialists and any other professionals who have a specific interest in the technical aspects of planned giving. By combining their knowledge with our experience in philanthropic advice, together we can ensure their clients' charitable giving is bespoke, straightforward and most of all, rewarding and enjoyable.

Setting up a fund with us is a straightforward and simple alternative to creating an independent charitable trust or foundation and it can usually be done after just one meeting. We take care of all the administrative, legal and grant-making obligations to create a fund that delivers precisely what a client wishes to do.



For further information or a confidential conversation, please contact Henry Tapp, Private Client Relationship Manager:

T: 01473 944 732
E: henry.tapp@suffolkcf.org.uk

We provide a range of options for private clients, including:

- Legacies & gifts in wills
- Transferring the burden of running a charitable fund
- Creating a personal fund
- Creating a memorial fund
- Trust transfers



You can download a copy of our Professional Advisors pack by visiting www.suffolkcf.org.uk



“When discussing future plans with clients, it is great to have an understanding of the fantastic work Suffolk Community Foundation do for the local community and particularly how the Foundation can assist clients to achieve their charitable wishes!”

SIMON HURREN
PRIVATE CLIENT TAX DIRECTOR,
SCRUTTON BLAND



“Suffolk Community Foundation connects local, grass roots causes with much needed funds whilst making it simple and effective for individuals and businesses to be philanthropic and have a genuine impact in their communities. I've seen first-hand how hard the team at Suffolk Community Foundation work to support all of their stakeholders and it makes me feel very fortunate to be part of the same county.”

CARA MILLER
PARTNER, MHA MACINTYRE HUDSON



“Working with the Foundation gives us the opportunity to build up our own fund and distribute it to the causes which need it the most. At Kingsfleet Wealth, we are hugely supportive of education and embrace projects that harness this. The Foundation carries out the due-diligence, explains the need and allows us to make the decision on the recipients. This engages our staff, encourages our clients and benefits our community.”

COLIN LOW
MANAGING DIRECTOR & CHARTERED
FINANCIAL PLANNER, KINGSFLEET



“We are really lucky to have Suffolk Community Foundation, they make a special effort to reach out to charities of all shapes and sizes, and by so doing help to ensure greater equity in charitable giving in Suffolk. They have their ear to the ground but also a good technical grasp of how to achieve our clients' aims, which is an invaluable aid, especially when time is short.”

CHRIS CUMBERBATCH
SENIOR ASSOCIATE, ASHTONS LEGAL



“Suffolk Community Foundation are uniquely positioned to offer clients an opportunity to marry their philanthropic aims with benefiting their local communities. Through their engagement work with the organisations and clients they can create funds which are truly bespoke to the individual or corporation and enable founders and their families to see their legacy in action.”

LORNA BASTIAN
PARTNER - WILLS, LIFETIME PLANNING AND
PROBATE LAW, AQUABRIDGE LAW



“I have a number of clients that want to leave money to their chosen charities and had previously believed that this was only possible as part of a legacy on their death. Having advised them on the benefits of lifetime donations through careful planning without jeopardising their own needs, they have been able to enjoy giving to causes they are passionate about, thanks to the framework and support provided by Suffolk Community Foundation.”

PETER BESANT
PARTNER, FINANCIAL PLANNER AND TEAM
HEAD, EVELYN PARTNERS



“Our clients value the ability to support local charities and community organisations through Suffolk Community Foundation. Their expertise and understanding of the local landscape adds value to the advice we offer to our philanthropic clients.”

CINDY CHAPLIN
SENIOR MANAGER, LARKING GOWEN



“I am delighted that Ellisons and Suffolk Community Foundation have built such a strong relationship. It has been amazing to understand the depth and scope of support Suffolk Community Foundation provides and to be able to explain this to clients wishing to benefit their local communities via their Wills and lifetime gifting.”

NICOLA WELDON
PARTNER, HEAD OF PRIVATE CLIENT,
ELLISONS SOLICITORS

Harwich Haven Authority Fund

£16,975

- 13th Ipswich Sea Scout Group
- 3rd Sudbury Scouts
- Daws Hall Trust
- East Anglian Sailing Trust
- Woolverstone Project

Healthy Heart Fund

£45,000

- BME Suffolk Support Group
- Gatehouse Caring in East Anglia
- Ipswich Housing Action Group (IHAG)
- P.H.O.E.B.E.
- REACH Community Projects
- Selig (Suffolk) Trust
- Spot Wellbeing Service CIC
- Suffolk Refugee Support
- Union Romani Voice

Henry Smith County Grants Fund

£80,000

- Bury Drop In
- Disability Advice Service (East Suffolk)
- Family First
- Hour Community
- Millennium Farm Trust
- Musica
- Stowmarket ASD Saturday Clubs

Hewlett Fund

£5,750

- Christian Youth Ministries
- Home-Start in Suffolk
- Suffolk Family Carers

High Sheriff's Awards

£8,000

- ActivLives
- British Racing School
- Hive

- IPSWICH17 Good Neighbour Scheme (IP17GNS)
- Kernos Centre
- St. Elizabeth Hospice
- Stour Valley Vineyard Church
- Suffolk Libraries

High Sheriff's Fund

£42,170

- Alumah CIO
- Brandon PCC
- Catch 22
- Combat2Coffee CIC
- Inspire Suffolk
- Lighthouse Women's Aid
- MN Well-Child Support CIC
- Ormiston Families
- Restitute
- Room 4...
- Selig (Suffolk) Trust
- SOS Bus
- St Edmundsbury Cathedral
- Sudbury Police Cadets
- Suffolk Rape Crisis
- Suffolk Young People's Health Project
- The Mix Stowmarket
- Walton Parish Nursing

Hill Family Fund

£25,233

- Green Light Trust
- Keystone Development Trust
- St Augustine's Church Ipswich
- Suffolk Young People's Health Project
- The Mix Stowmarket
- Wonderful Beast

Hintlesham & Chattisham Fund

£4,462

- Three bursaries to advance the education of local residents
- Suffolk Young People's Health Project

Horizon Fund

£2,000

- Beresford Road Evangelical Church

Household Support Fund

£704,546

- Alumah CIO
- Anglia Care Trust
- Benefice of Stoke-by-Nayland, Leavenheath, Polstead, Nayland
- BME Suffolk Support Group
- Communities Together East Anglia
- Bury St Edmunds Women's Aid Centre
- Citizens Advice - Felixstowe & District
- Disability Advice Service (East Suffolk)
- Forge Community Church
- Friends of The Beeches Community Primary School
- Future Inclusions Organisation
- Gatehouse Caring in East Anglia
- Grundisburgh Baptist Church
- Hadleigh Foodbank
- Home-Start Mid & West Suffolk
- Hope Church Ipswich
- Ipswich & District Citizens Advice
- Ipswich Community Media and Learning CIO
- Ipswich Housing Action Group (IHAG)
- IPSWICH17 Good Neighbour Scheme (IP17GNS)
- Karibu African Women's Support Group
- Leiston, Saxmundham & District Citizens Advice
- Level Two Youth Project
- Lofty Heights CIC
- Citizens Advice East Suffolk

- Murrayside Community Development CIC
- Newmarket Open Door
- Ormiston Families
- Genesis Orwell Mencap
- PACT Parents and Carers Together CIC
- Parish of St John with St Edmund, Felixstowe
- P.H.O.E.B.E.
- Raedwald Trust
- REACH Community Projects
- Redlingfield Parish Meeting
- Restitute
- Rural Coffee Caravan Information Project
- Shepherd Drive Baptist Church
- Solo Housing (East Anglia) Ltd
- St Edmundsbury and Ipswich Diocese
- St Mary and St Botolph's Church, Whitton
- St Mary's Church PCC
- St Matthew's Church
- St Peter's Church, Stoke Park
- St Thomas' Church Ipswich
- Steel Bones
- Stour Valley Vineyard Church Storehouse Foodbank
- Stowmarket Relief Trust
- Sudbury and District Citizens Advice
- Suffolk Family Carers
- Suffolk Law Centre
- Suffolk Rape Crisis
- Suffolk Refugee Support
- Citizens Advice West Suffolk
- The Compass
- The Fishermen's Mission
- The Lightwave Community CIO
- Triangle Church Ipswich
- Voices 4 Gainsborough Community Library

Hughes-Hallett Fund

£6,750

- Pathways Care Farm
- Suffolk Wildlife Trust
- Survivors in Transition (SIT)
- Waveney Roller Skating Club

Iken Peninsula Fund

£5,000

- Iken Parochial Church Council
- Leiston Town Pastors
- Parochial Church Council of Saxmundham

“The Suffolk Community Foundation Food and Drink Fund has made such a difference to those charities that help those in need around food poverty and also supporting loneliness and mental health issues by bringing people together. As a group we have visited many of these charities and seen first hand the support required and the good work being done.”

PADDY BISHOPP
SUFFOLK COMMUNITY FOUNDATION - FOOD AND DRINK FUND

Anyone can find their life in crisis and facing a critical situation where they need help quickly to prevent an even more serious downturn in their circumstances. Financial pressures caused by the cost of living crisis have pushed many more people into difficult circumstances.

Charities and community groups played an essential role in supporting vulnerable people to stay at home safely during the coronavirus pandemic, and to create resilience in communities to avoid additional pressure on the NHS and other public services. Ongoing issues and challenges such as bereavement, unemployment, sudden ill health, addiction, domestic abuse,

debt, homelessness and displacement were all compounded by the pandemic, and now, by the cost of living crisis. Suffolk is seeing levels of need rise significantly and in recent months, the Foundation has been quick to provide critical financial household support for existing charities, community and faith groups and social enterprises to pass on to their clients.



Suffolk Refugee Support

Suffolk Refugee Support aim to ensure that all asylum seekers and refugees in Suffolk are given a warm welcome and supported to overcome past trauma, enabling them to live fulfilling lives within their new communities. They provide an advice service, employment support, English classes, youth work, as well as support vulnerable women and families. Funding has enabled this organisation to support the Asylum Seeker & Refugee (ASR) Physical and Mental Health project, of which has supported 145 individuals in having a greater understanding of their health and wellbeing.



IHAG

Ipswich Housing Action Group offer emotional and practical support and advice and guidance for people living with the experience of homelessness, or the possibility of becoming homeless, due to adverse personal circumstances. Between April 2021 and March 2022, IHAG supported 1,647 local people facing the realities of having no safe space to call. Funding from the Foundation has helped contribute towards the costs of monthly visits from a Community Dental Van offering urgent treatment, as well as oral cancer screening, to better meet the long-term health needs of these vulnerable individuals. This will enable 6 individuals to receive treatment in one visit.



REACH

Based in Haverhill, REACH stands for 'Restore, Encourage, Action in the Community and Hope'. Their vision is to uncover and resolve the root issues of the people they see and lift them out of poverty, restoring dignity and reviving hope. REACH provide Debt & Budgeting advice, emergency food, as well as support with benefits & housing applications. Funding from the Denbury Charitable Fund enabled REACH to support a Community Outreach Worker post in Newmarket who went on to support over 50 families in this western part of the county.



If you would like to support Suffolk Community Foundation to help improve the lives of those in need across Suffolk, please call a member of our team on 01473 602 602 or visit www.suffolkcf.org.uk

We are hugely grateful for the support we receive from members of our Suffolk 100 Club.

This special group of individual donors and businesses provide hugely valuable funding that underpins the central resources of Suffolk Community Foundation. The income from the Suffolk 100 Club membership is used to support our core operational costs, providing funding primarily for research, education and engagement activities including our partnership with schools.

Membership fees support our ability to identify and prioritise the need within our county, build partnerships with the voluntary sector and key stakeholders to maximise impact and attract crucial new funds to the Foundation at a time when the need in Suffolk has never been greater.

As we seek to refresh Suffolk 100 activities post Covid-19, members will be welcome to explore our work first-hand by joining 'Seeing Is Believing' visits. Priority invitations will be extended to members to attend educational and high-level networking opportunities throughout the year...and, of course, we also welcome members to share their own ideas and opportunities with us.



Let's have a conversation:

We welcome feedback, ideas and opportunities from existing members that will enable us to achieve more with you all. If you are looking to join the Suffolk 100 Club, or would like to discuss the work of the Foundation in more detail, please contact our Private Client Relationship Team - Henry Tapp or Sally Blake who will be delighted to assist you.

Please call 01473 602 602 or email:

henry.tapp@suffolkcf.org.uk
sally.blake@suffolkcf.org.uk

You can also find out more about our work by visiting our website www.suffolkcf.org.uk

Suffolk Community Foundation is a partner and host for the The Suffolk Medal in perpetuity. Since its inception in 2019, The Suffolk Medal's volunteer panel of local leaders has awarded the medal 11 times to a truly unique and special group of Suffolk people.



The Suffolk Medal is the highest honour that Suffolk can bestow on one of its own, and the search is once more on to explore every corner of the county to unearth a new list of nominations.

This year's winners have made their contribution locally, nationally and internationally in a variety of ways including outstanding contributions to the environment, medicine, philanthropy, the arts, business, agriculture and the community.

2022 RECIPIENTS:

- **Boshor Ali**
Secretary of the Shahjala Mosque and Islamic Centre and one of the founding members and subsequent Chair of BSC Multicultural Services.
- **James Buckle**
Businessman, farmer and philanthropist.
- **Maggi Hambling CBE**
International artist, campaigner and philanthropist.
- **The late Dame Clare Marx DBE** Trauma and Orthopaedic (T&O) Surgeon and former medical leader at Ipswich Hospital; the first woman to become President of The British Orthopaedic Association; The Royal College of Surgeons and Chairman of the General Medical Council.
- **Nigel Oakley**
Ambassador and Breeder of the Suffolk Punch horse.



FROM LEFT TO RIGHT: Boshor Ali, James Buckle, Maggi Hambling, Nigel Oakley, Dame Clare Marx

“As part of Suffolk's celebrations of HM Queen's Platinum Jubilee and on our very own Suffolk Day, I am delighted that we will gather at Framlingham Castle to present five Suffolk Medals. Those receiving this very special award are truly exceptional Suffolk people that are unflinching in their talent and dedication to our wonderful County. We thank them from the bottom of our hearts for the incredible breadth and depth of the contributions they have made.”

CLARE COUNTESS OF EUSTON,
LORD LIEUTENANT OF SUFFOLK
CHAIR OF THE SUFFOLK MEDAL PANEL



Dame Clare Marx (1954 - 2022)

Nominations for The Suffolk Medal can be made by any resident of Suffolk. For further details and to deliver a nomination online please visit www.thesuffolkmedal.org.uk

The Festival of Suffolk was created as a truly unique contribution to the national and international celebrations for the late Queen Elizabeth's Platinum Jubilee.

Suffolk Community Foundation stepped forward to offer resources to the central team in support of this countywide 'Team Suffolk' initiative, but also because the Festival had an inclusive vision to support Suffolk to reset – recover – recharge post Covid-19. As cost-of-living challenges deepened the Festival increasingly shaped its programme and legacy around both Suffolk's Hidden Needs Report and UN Sustainable Development Goals. Here is just a flavour of what happened next!



Torch Relay

600 miles - 250 communities, 100,000 people celebrated its journey



Queen's Green Canopy

Planting a tree or hedgerow for every person in Suffolk - 1,000,000 planted and pledged already



Suffolk Dog Day

A fabulous day out for everyone on two legs and four, raising money for local charities



Platinum Jubilee Pageant

Thousands of people kick off the Jubilee weekend together



Suffolk Business Expos

Inspiring young people and connecting them with local employers



Community Games

Encouraging active participation in sport for young people and their families

Festival of the Sea

Celebrating our maritime heritage



A New Suffolk Garland

A book celebrating Suffolk donated to every Secondary School and Public Library



Newmarket Race Day

A family day out raising money for local charities



We manage a total of **112 funds** of which **72 are endowment funds**. Our endowment funds have a current combined value of

£20.8M

they deliver resilience, flexibility and longevity to address local need in perpetuity.



CELEBRATE NEW CULTURES, FIND NEW FRIENDSHIPS, LEARN NEW SKILLS AND BUILD CONFIDENCE

GRANTS AWARDED: PART 3

Ipswich School Charity Fund

£1,828
 • Suffolk Rape Crisis

Kingsfleet Fund

£3,654
 • Daws Hall Trust
 • Lapwing Suffolk

Let's Create Jubilee Fund

£50,752
 • Beccles Lido Limited
 • Brandon Creative Forum
 • Bungay Community Support (BCS)
 • Caribbean and African Community Health Support Forum
 • EncoreEast
 • Felixstowe Opportunity Group
 • Gatehouse-Caring in East Anglia
 • Newmarket Town Council
 • Rock Paper Scissors Arts CIC

Lovewell Blake Fund

£4,782
 • Disability Advice Service (East Suffolk)
 • LEAPS Suffolk
 • Warren Association Trust

Lucstu Fund

£2,991
 • St John the Baptist Church Saxmundham
 • The Pear Tree Fund

Made by Sport Fund

£37,030
 • Beccles Sea Cadets
 • East Anglian Sailing Trust
 • East Coast Hockey Club
 • Eye & District Cricket Club
 • Halesworth & District Swimming Club
 • Ipswich BMX Club
 • Ipswich Boxing Club
 • Orwell Panthers Athletic Club for Disabled People
 • UNITY F.C.
 • Waveney Roller Skating Club
 • Waveney Surf Lifesaving Club
 • Yoxford Cricket Club

Martin Mitchell Fund

£7,000
 • British Racing School
 • REACH Community Projects
 • The Lightwave Community CIO

Martineau Care Fund

£38,587
 Health and social care professionals from the following organisations have submitted applications on behalf of local beneficiaries to provide specialist living aids. A total of 100 grants have been made this past year.

• ACS
 • Adult Social Work Services
 • Child Development Centre
 • Disability Advice NE Suffolk (DANES)
 • Integrated Community Paediatric Services
 • Ipswich Child Development Centre
 • Leading Lives
 • Lowestoft and Waveney Breastfeeding Support
 • Norfolk Community Health and Care
 • Spot Wellbeing Service CIC
 • St. Elizabeth Hospice
 • St Nicholas Hospice
 • Stowmarket Community Team (ESNEFT)
 • Suffolk Community Healthcare
 • Suffolk County Council
 • Suffolk Family Carers
 • Suffolk Sight
 • West Suffolk Hospital
 • Willows Children's Centre

Martineau Fund

£19,628
 • Cancer Campaign in Suffolk
 • Disability Advice NE Suffolk (DANES)
 • Family First
 • Forge Community Church
 • Home-Start Mid & West Suffolk
 • Hope After Suicide Loss
 • Kernos Centre
 • REACH Community Projects
 • The Befriending Scheme
 • Walsham-le-Willows Memorial Hall

Maurken Fund

£23,564
 • Bury St Edmunds Cricket Club
 • Eden's Project
 • Emmaus Suffolk Ltd
 • Karibu African Women's Support Group
 • Kernos Centre
 • Let's Talk Reading
 • Ormiston Families
 • Porch Project
 • Sir John Leman School
 • Stowmarket ASD Saturday Clubs
 • Suffolk Refugee Support
 • YMCA Trinity Group

Men's Mental Health Fund

£36,446
 • ActivLives
 • BME Suffolk Support Group
 • Headway Suffolk
 • Home-Start Mid & West Suffolk
 • Reframe Coaching C.I.C
 • Royal Association for Deaf People
 • Suffolk Mind
 • The Outsiders Community Consultants CIC

MLM Fund

£2,252
 • Ipswich Community Media and Learning CIO

Michael Ben Howes Fund

£1,418
 • TOPCATS

Miller Trust Fund

£19,716
 • Alumah CIO
 • And Sow to Grow
 • BME Suffolk Support Group
 • Brandon Creative Forum
 • Communities Together East Anglia
 • Bury St Edmunds Cricket Club
 • EPIC Dad Community Interest Company
 • Independent Provider of Special Education Advice
 • Our Special Friends
 • St Peter's Church, Brandon

New Anglia LEP Fund

£113,636
 • Access Community Trust
 • Combat2Coffee CIC
 • Emmaus Suffolk Ltd
 • Porch Project
 • Suffolk Refugee Support
 • The Mix Stowmarket

Orpheus Fund

£21,600
 • Daws Hall Trust
 • Market Field Farm

Pargiter Trust Fund

£66,547
 • ActivLives
 • Alderton Bowls Club
 • Aspect Living Foundation
 • Communities Together East Anglia
 • Caribbean and African Community Health Support Forum
 • Disability Advice Service (East Suffolk)
 • Memories are Golden
 • Our Special Friends
 • Re-engage
 • Suffolk Mind

Payroll Giving Fund

£94,839
 • County Durham Community Foundation

Pear Family Fund

£32,000
 • Disasters Emergency Committee
 • ISAR Ednannia
 • Oasis English Language School
 • Suffolk Mind
 • Suffolk Refugee Support
 • Women Like Me

Suffolk's most successful winter appeal ever was launched in October 2022 at The University of Suffolk.

Over the past 12 years Suffolk's Surviving Winter Appeal has been generously supported by the people of Suffolk to raise over £1.5M, in support of local people experiencing hardship and fuel poverty. At a time when the need has never been greater, Suffolk has stepped up once again with record levels of support!



We are so grateful to everyone who collaborates with us each year in support of this important project that raises funds and delivers support to our most vulnerable in Suffolk.

Set against a backdrop of some of the toughest times in living memory - with the latest data showing a further 20,000 households (an estimated 75,000 in total) now struggling to meet their living costs and heat their homes. The number of people making donations to the appeal has remained strong.

"What we really couldn't have anticipated was that Suffolk people would have the generosity of spirit to actually give more. The average amount donated so far this year is 51% higher than the previous year rising from £214 to £324. As always, every penny raised is used to support people in Suffolk." Melanie Craig, CEO Suffolk Community Foundation.

In partnership with Citizens Advice Ipswich and Warm Homes Healthy People, we also remain in constant consultation with the VCFSE to see what other areas of help are needed.

"The support the money team at Citizens Advice Ipswich provide covers energy advice, savings on other household outgoings, support with accessing benefit entitlements and reducing debt. We also refer people to the team at Warm Homes Healthy People who offering home energy surveys and support with home improvements. Our research from last year's work achieved an average benefit to the household of over £1,000 with much of the advice continuing to be of financial benefit in the years to come." Nicky Willshire, Citizens Advice, Ipswich.

This year Suffolk Community Foundation has also worked in partnership with The East of England Co-operative to fund lunch clubs, continued to distribute hardship funding provided by Suffolk County Council and will shortly commence a grants programme designed to support the central resources of local charities and community groups.



PART OF OUR SOCIAL MEDIA CAMPAIGN



"We are so pleased to be included in the Surviving Winter Appeal! This is fantastic news for the families that we see," said Henry Wilson from REACH, based in Haverhill.

"With the massive increase in fuel bills, every bit of help is so welcome and makes a huge difference for families. Like Ann and Jim who are in their 70's ill health means that they need their home warm and so they are struggling to feed themselves, and just can't afford the basics. But when we got in touch to say that there was additional help on the way with their huge electricity bill, they were so overwhelmed, Ann cried.

I can't stress enough how every donation, however big or small is making such a difference to people like Ann and Jim."

HENRY WILSON
REACH

Fundraising

Suffolk has once again shown its generosity in its support of this Appeal donating record amounts despite the hard times that we are all facing but we are still seeking further donations:

online at suffolkcf.org.uk

Visit any branch of **Suffolk Building Society** to make a payment over the counter

call us on 01473 602 602 (during office hours)

by cheque, made payable to: Suffolk Community Foundation

The Old Barns, Peninsula Business Centre, Wherstead, Ipswich, IP9 2BB

Support from Suffolk's businesses:

Over 50 Suffolk business people gathered at Ipswich Town Football Club to hear how they can support and agreed to publicise the Appeal to their staff and clients, and many also made donations.



"We have been really encouraged by the support Suffolk businesses have shown for this Appeal. They can play a significant role in promoting the campaign and helping us spread the word across this great county."

HENRY TAPP
PRIVATE CLIENT RELATIONSHIP MANAGER
FOR SUFFOLK COMMUNITY FOUNDATION

"I was pleased to be invited and learn more about the Surviving Winter Appeal, whilst I had some awareness of the challenges within our community the presentations were extremely inciteful and added real clarity to the significant impact on families in our region and how the business community can work together positively in numerous ways to support this campaign."

SUE TASKER
HEAD OF SALES & MARKETING,
MILSOM HOTELS & RESTAURANTS



PART OF OUR SOCIAL MEDIA CAMPAIGN

"It was heart-warming to see so many business leaders in one room with the aim to support the Surviving Winter Appeal. To hear the struggles some local Suffolk people are facing in 2022 is shocking. We at Sackers are working with the Foundation to see how we can help ease this pressure on local families and support the charities that are improving these conditions for them in the longer term."

HELEN CRAPNELL
BUSINESS DEVELOPMENT MANAGER,
SACKERS

"Having attended my first Suffolk Community Foundation breakfast event, I soon realised what incredible work they do for people who are far less privileged than others. Being Suffolk born and bred myself the Foundation is a charity I highly recommend engaging with. I have just donated!"

SIMON BENNETT
CEO OF VINT-TRO LTD

The voluntary sector delivers early intervention, prevention and in-depth support that promotes independence and encourages healthy day-to-day living. Diagnosis of a serious physical or mental condition will often see statutory health treatments complemented by voluntary sector support.

The diagnosis of a serious condition will often result in other negative impacts on the lives of the sufferer and those around them. Family and financial stability can be severely impacted. Suffolk's charities offer meaningful levels of on-going help and provide a sense of community with people in a similar situation. They offer information, guidance and support to families and carers who play such

a vital role in care. Community volunteering plays an important role in relieving pressure on the NHS, keeping hospital beds available and saving lives. As communities strive to return to a 'new normal' and the cost of living crisis impacts our health and wellbeing, a plethora of new challenges are becoming apparent for charities and community groups to address as Suffolk seeks to rebuild local lives.



Riding for the Disabled

The Riding for the Disabled Association, also known as the RDA provides therapeutic horse-riding, equestrian vaulting and carriage driving lessons to people with developmental and physical disabilities as well seeking to improve the lives of those with mental health difficulties. Funding has enabled participants to return to the activities they love, helping them build friendships, a sense of belonging, confidence and self-esteem. This has been particularly important as a step back to 'normality' following the pandemic. Horse care, stable management and the fantastic 'Tea with a Pony' sessions are designed to help those with dementia.



ActivLives

ActivLives provide people with the opportunities to stay active, connected and involved with their local community through accessible sports and exercise. Funding has enabled this organisation to establish four new 12-week seated and/or chair-based programmes, in Ipswich, Felixstowe, Woodbridge and on the Shotley Peninsula - with 99 older people being registered across the four Hubs. The seated exercise helps to build participants strength and improve co-ordination, fitness and flexibility whilst also enabling participants to build social networks, in a supportive environment.



Pear Tree Fund

The Pear Tree Fund provides holistic wellbeing and bereavement support as well as information and advice to people with life-changing illnesses and long-term health conditions, along with their families and carers. They are based at the Pear Tree Centre (Halesworth) but also operate at home and in the community. Funding enabled the organisation to continue offering their support which includes a listening ear, counselling, complementary therapies, wellbeing activities, peer support groups, social welfare advice, health literacy and digital inclusion support.



If you would like to support Suffolk Community Foundation to help improve the lives of those in need across Suffolk, please call a member of our team on 01473 602 602 or visit www.suffolkcf.org.uk

Port Community Fund £24,882

- ActivLives
- Boost Felixstowe
- Disability Advice Service (East Suffolk)
- Felixstowe Dementia Action Alliance
- Felixstowe Youth Development Group
- Brave Futures
- Home-Start in Suffolk
- Inspire Suffolk
- Music in Felixstowe
- Suffolk Family Carers
- The Compass
- Walton Parish Nursing
- Woolverstone Project

Realising Ambitions Fund £517,066

- ActivLives
- Emmaus Suffolk Ltd
- Green Light Trust
- Home-Start in Suffolk
- Hope Church Ipswich
- Ipswich Community Media
- Karibu African Women's Support Group
- Level Two Youth Project
- Ormiston Families
- Out Loud Music
- Rural Coffee Caravan Information Project
- Suffolk Artlink
- Suffolk Libraries
- Suffolk Rape Crisis
- Suffolk Refugee Support
- Suffolk Young People's Health Project
- The Mix Stowmarket

RJB Grantmaking Fund £7,889

- Family First
- IP3 Ipswich Good Neighbours Scheme
- Let's Talk Reading
- Rock Paper Scissors Arts CIC
- Suffolk Refugee Support
- Voices 4 Gainsborough Community Library

Rous Family Fund £7,630

- Combat2Coffee CIC

Rutgers Fund £2,000

- Suffolk Law Centre

Sabariah's Fund £1,886

- YMCA Trinity Group

Sapphire Fund £5,773

- BARWOODS Botesdale and Rickinghall Community Woodlands Project
- Forge Community Church

Scarecrow Fund £15,663

- Eden Rose Coppice Trust
- Lighthouse Women's Aid
- Restitute
- Room 4...
- Seeding Hope CIC

Shadwell Fund £5,000

- Alumah CIO
- Communities Together East Anglia
- EPIC Dad Community Interest Company
- Independent Provider of Special Education Advice
- Our Special Friends
- Suffolk Coalition of Disabled People

Sir George Earle Benevolent Fund £25,200

- ActivLives
- Disability Advice Service (East Suffolk)
- IP3 Ipswich Good Neighbours Scheme
- Music in Our Bones
- Our Special Friends
- Rural Coffee Caravan Information Project
- Spot Wellbeing Service CIC
- St. Elizabeth Hospice
- St Nicholas Hospice

Skinner's Fund £7,000

- 1379 (Leiston) Squadron RAFAC
- Lapwing Suffolk
- Suffolk Mind

Suffolk's Cancer Screening Awareness Fund £30,314

- Ace Anglia Ltd.
- Cancer Campaign in Suffolk
- Families Together Suffolk
- Future Inclusions Organisation
- P.H.O.E.B.E.
- Spot Wellbeing Service CIC
- Suffolk Rape Crisis
- Target Ovarian Cancer
- The Pear Tree Fund
- Union Romani Voice

Suffolk Carers Fund £101,211

- Art Branches CIC
- Asperger East Anglia
- Kernos Centre
- Lofty Heights CIC
- Restitute
- Suffolk Mind
- The Seagull Lowestoft CIC

Suffolk Coronavirus Community Fund £1,295

- Aspect Living Foundation

Suffolk Giving Fund £255,853

The Suffolk Giving Fund includes support from the following funds: Barclay Family, Bunbury Family, Chapman Family, Suffolk Building Society, Joy Abbott, Mahony Family, Marriott Motor Group, Probert Family, and Tattersalls.

- 1st Claydon Scout Group
- 8th Lowestoft Guides
- Access Community Trust
- Alumah CIO
- Asperger East Anglia
- Autism and Nature
- Bury Drop In
- Cancer Campaign in Suffolk
- Capel Parish Nurses
- Child Brain Injury Trust
- Christian Youth Ministries
- DanceEast
- Daws Hall Trust
- Disability Advice NE Suffolk (DANES)
- East Anglia's Children's Hospice

- EPIC Dad Community Interest Company
- Eye Moors Woodland Society
- Eye Opportunity Group
- Family First
- Footsteps Walking With You
- Friends of Thomas Wolsey School
- GoStart Community Transport
- Great Barton Free Church (Ltd)
- Greener Growth CIC
- Grundisburgh Youth Club
- Halesworth & District Swimming Club
- Happy Days Children's Charity
- Hive
- Home-Start Mid & West Suffolk
- Hope After Suicide Loss
- Hope Church Ipswich
- Huntington's Disease Association
- INK (Pen to Performance)
- Inspire Suffolk
- Karibu African Women's Support Group
- Kernos Centre
- Lapwing Suffolk
- Learning in Nature CIC
- Leiston Town Pastors
- Leiston, Saxmundham & District Citizens Advice
- Lighthouse Women's Aid
- Lowestoft and Waveney Breastfeeding Support
- Lowestoft Community Church
- MedEquip4Kids
- Mid Suffolk Axis
- Mid Suffolk Citizens Advice
- New Life Church Community Great Cornard
- Genesis Orwell Mencap
- Pathways Care Farm
- Second Chance Stroke Group
- Selig (Suffolk) Trust
- Something To Look Forward To
- SOS Bus
- St. Elizabeth Hospice
- St John the Baptist Church Saxmundham
- St John's Methodist Church for St John's Community Team
- St Nicholas Hospice
- Steel Bones
- Still Good Food
- Stowmarket ASD Saturday Clubs

The dawn of a new era for Suffolk Dog Day

Suffolk Dog Day was launched in 2007 by an incredible group of volunteers. Whilst sat around a table enjoying a meal, they decided to launch a fun day for dogs and their owners in order to create awareness and raise funds for the work of Suffolk Community Foundation.

After many years of success, during which thousands of people have been entertained and over £600,000 raised for good causes, the event is about to enter a new era.

The very special day has become a much-loved highlight in the Suffolk calendar and, even more importantly, the hard work of hundreds of local volunteers has helped the Foundation to support local charities and community groups with the vital work they do in the county.

With many more thousands of people now attending, the event has grown to a size where it needs the resource of a large team to ensure its future growth and success.

Suffolk Community Foundation worked with its volunteers informed by Community Action Suffolk data to identify a number of partners who could potentially benefit from an event like this and who had the capacity to build on our success.

Following this consultation process a new home has been found for Suffolk Dog Day with the in-house volunteer team at St. Elizabeth Hospice with funds raised helping to support their vital work in Suffolk.

This year's event will be staged at Helmingham Hall on Sunday 10th September 2023.

The Foundation has spent the last few weeks contacting its sponsors, volunteers and trade stand partners to explain the changes and put them in touch with the Hospice team.

The Foundation has been so proud to be associated with Suffolk Dog Day for the past 16 years and grateful to the support it has received.



“We want to thank everyone in Suffolk: our Foundation volunteers, sponsors, the team at Helmingham Hall, the local media and, of course, all those who we are sure will continue to pass through the entrance gates ‘on two legs and four’.”

TIM HOLDER
HEAD OF PUBLIC AFFAIRS,
SUFFOLK COMMUNITY FOUNDATION



“This is truly an event for Suffolk by Suffolk and we are delighted to say that, having handed over the reins to the caring leadership of the team at St. Elizabeth Hospice, it will continue to be so. Thank you to the team at Suffolk Community Foundation for providing such fantastic support in both helping us to raise the money and ensuring that every penny has made a positive difference to the lives of people in Suffolk.”

RICHARD COOPER
VOLUNTEER CHAIRMAN OF SUFFOLK DOG DAY

“Finding the right organisation with the level of skills and resources to take Suffolk Dog Day forward has been very important to everyone involved in this event so far. We have every confidence that the brilliant team at St. Elizabeth Hospice are in the best possible position to create an even brighter future for this important fundraising initiative and much-loved date in the Suffolk calendar.”

MELANIE CRAIG
CEO, SUFFOLK COMMUNITY FOUNDATION

Coming together in person for the first time since 2019, we would like to thank many hundreds of you who took the time to view our 'virtual' Annual Reviews which were broadcast online in 2020 and 2021.

Out of the depths of Covid-19 came an exciting new way to reach many more people. Edited highlights of this year's event will also be posted online and shared over the coming months across our web and social media channels. However, nothing compares to the energy and enthusiasm that is created when Suffolk comes together in one place. To keep things fresh, we decided to make a few changes including moving the event to a Spring daytime slot.

Once again we have joined forces with our friends at Suffolk Agricultural Association to host this year's event in the wonderful surrounding of The Trinity Park Event Centre. In addition to bringing everyone up to date with the work of the Foundation and its partners, we wanted to really focus on the incredible impact that our Voluntary Sector is achieving in partnership with us and what better way to achieve this than by incorporating the annual High Sheriff Awards as part of the occasion. We are hugely grateful that this year's High Sheriff Jamie Lowther-Pinkerton has agreed to join forces with us to achieve this and thank him for introducing a very special keynote speaker who will bring an important national perspective to the proceedings.

Some of the highlights for this year's event

- **A welcoming update** from our Chair George Vestey
- **Keynote Speaker:** Seyi Obakin OBE – Chief Executive of Centrepint
- **Reflections from Suffolk's High Sheriff** Jamie Lowther-Pinkerton as he comes to the end of his year in office
- **The High Sheriff Awards** – featuring brand new inspiring films about projects from across the county
- **On The Sofa** discussion with the worthy winners, Seyi Obakin OBE and Melanie Craig.



Suffolk's High Sheriff Awards Winners for 2023

Please join us in congratulating this year's inspiring winners:



Access Community Trust promotes social inclusion for community benefit by preventing people from becoming socially excluded and assisting them to integrate into society.



Emmaus Suffolk is a charity which works with vulnerable, socially isolated people and those at risk of homelessness across the county. They provide front line services to those people facing the prospect of homelessness to try to prevent it happening, and support those who are experiencing social exclusion or long-term unemployment.



Gatehouse is an independent charity which serves the vulnerable and those who are in need across East Anglia through several projects, such as: the FoodBank, the Homestore, the Community Wellbeing Project and the Christmas project.



Suffolk Refugee Support is an independent charity giving practical support to refugees and asylum seekers in Suffolk. They are helping people to overcome past trauma and rebuild their lives as successful members of UK society.



STATEMENT OF FINANCIAL ACCOUNTS

for the year ended 30 June 2022

| | Unrestricted funds £ | Restricted funds £ | Endowment funds £ | Total 2022 £ | Total 2021 £ |
|--------------------------------------|-------------------------|-----------------------|----------------------|-------------------|-------------------|
| Income and endowments from: | | | | | |
| Donations and legacies | 1,736,584 | 5,055,535 | 1,057,620 | 7,849,739 | 6,073,055 |
| Grants | - | 86,100 | - | 86,100 | 112,800 |
| Other trading activities | - | 85,106 | - | 85,106 | 6,000 |
| Investments | 58,384 | 476,167 | - | 534,551 | 478,224 |
| Total income | 1,794,968 | 5,702,908 | 1,057,620 | 8,555,496 | 6,670,079 |
| Expenditure on: | | | | | |
| Raising funds | 196,029 | 44,556 | 35,070 | 275,655 | 218,384 |
| CHARITABLE ACTIVITIES | | | | | |
| Grants awarded | 92,903 | 4,773,834 | - | 4,866,737 | 4,362,007 |
| Other charitable activities | 559,551 | 24,662 | - | 584,213 | 517,976 |
| Total expenditure | 848,483 | 4,843,052 | 35,070 | 5,726,605 | 5,098,367 |
| Net gains / (losses) on investments | 6,919 | (8,475) | (1,144,048) | (1,145,604) | 2,170,837 |
| Net income / (expenditure) | 953,404 | 851,381 | (121,498) | 1,683,287 | 3,742,549 |
| Transfers between funds | (930,238) | (171,220) | 1,101,458 | - | - |
| Net movement in funds | 23,166 | 680,161 | 979,960 | 1,683,287 | 3,742,549 |
| Fund balances at 1 July 2021 | 491,962 | 2,407,035 | 19,096,517 | 21,995,514 | 18,252,965 |
| Fund balances at 30 June 2022 | 515,128 | 3,087,196 | 20,076,477 | 23,678,801 | 21,995,514 |

The financial statements were approved by the Board on 26 September 2022

Mr G Vestey - Trustee
Company Registration No. 05369725

Mrs S Gull - Trustee
Registered Charity No. 1109453

Statement by the trustees

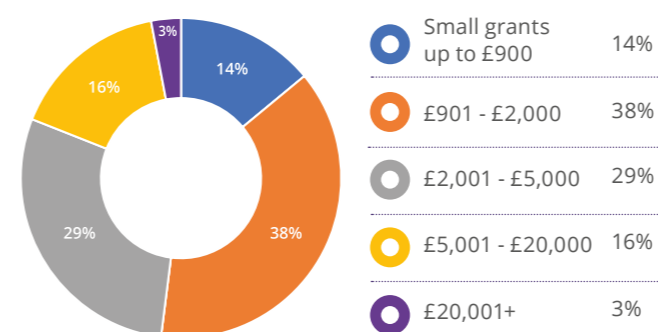
These summarised financial statements are a summary of information extracted from the annual accounts, audited by Ensors Accountants LLP, on which the auditors' opinion was unqualified. The full report and accounts were approved by the Trustees on 26 September 2022 and have been submitted to the Charity Commission and the Registrar of Companies. These summarised financial statements may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. For further information, the full accounts, the auditors' report on those accounts and the Trustees' Annual Report should be consulted. Copies of these may be obtained from Suffolk Community Foundation registered office.

BALANCE SHEET

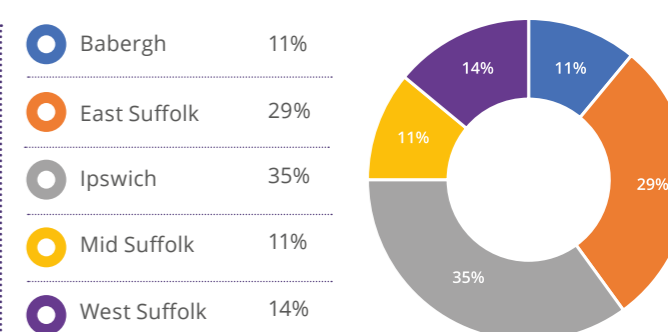
as at 30 June 2022

| | 2022 £ | 2021 £ |
|---|-------------------|-------------------|
| Fixed assets | | |
| Tangible assets | 42,381 | 15,479 |
| Investments | 19,774,385 | 19,401,448 |
| Total fixed assets | 19,816,766 | 19,416,927 |
| Current assets | | |
| Debtors | 934,740 | 415,572 |
| Cash at bank and in hand | 3,974,636 | 3,192,419 |
| Total current assets | 4,909,376 | 3,607,991 |
| Liabilities | | |
| Creditors amounts falling due within one year | (1,029,341) | (942,154) |
| Net current assets | 3,880,035 | 2,665,837 |
| Total assets less current liabilities | 23,696,801 | 22,082,764 |
| Creditors: amounts falling due after more than one year | (18,000) | (87,250) |
| Net assets | 23,678,801 | 21,995,514 |
| The funds of the charity: | | |
| Capital funds | | |
| Endowment funds | 20,076,477 | 19,096,517 |
| Income funds | | |
| Restricted funds | 3,087,196 | 2,407,035 |
| Unrestricted funds | 515,128 | 491,962 |
| Total charity funds | 23,678,801 | 21,995,514 |

% Grants awarded by size 2021/22



% Grants awarded by district 2021/22



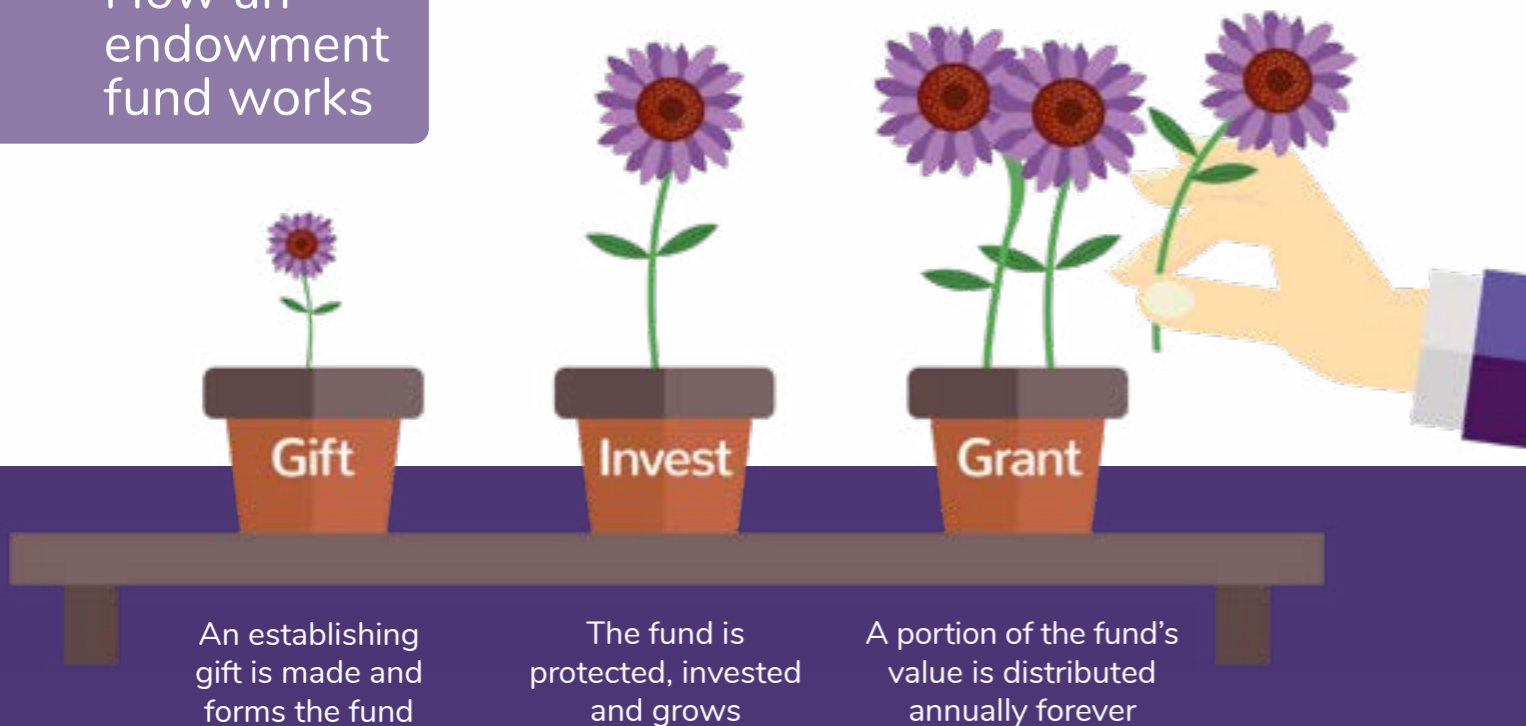
ENDOWMENT FUNDS

- Arts & Culture Fund
- Barclay Family Fund
- Birketts Fund
- Bluebell Fund
- Bunbury Family Fund
- Bunting Family Fund
- Caroline, John and Merryn Everitt Fund
- Catalyst Fund
- Centenary Fund
- Chapman Fund
- Clopton Estate Ltd Fund
- Cunliffe Family Fund
- David & Jill Simpson Fund
- Davies Family Fund
- Denbury Charitable Fund
- Dolphin Franklin Fund
- E&J Legacy Fund
- Edward & Ivy Rose Hood Memorial Fund
- Euston Family Fund
- Evdemonia Fund
- Fifty Miles with my Dad (De La Rue Family) Fund
- Fonnereau Road Health Foundation Fund
- Food & Drink Fund

- Freud Curtis Family Fund
- George Vestey Family Fund
- Hewlett Fund
- High Sheriff's Fund
- Hill Family Fund
- Hintlesham & Chattisham Harriet Lloyd Fund
- Hodge & Shallow Family Fund
- Horizon Fund
- Hubble Bubble Fund
- Hughes-Hallett Family Fund
- Iken Peninsula Fund
- In Memorium Fund
- Joy Abbott Charitable Fund
- Kemball Fund
- Kingsfleet Fund
- Langlands Fund
- Lucstu Fund
- Mahony Family Fund
- Marriott Motor Group Fund
- Martin Mitchell Fund
- Martineau Care Fund
- Martineau Fund
- Maurken Fund
- Michael Ben Howes Fund
- Orpheus Fund

- Peter & Dorothy Meade Family Fund
- Peter Rous Fund
- Phillips Fund
- Port Community Fund
- RJB Fund
- Rowland Family Fund
- RSM Fund
- Rural Community Grassroots Fund
- Rutgers Fund
- Sabariah's Fund
- Sheepshanks Family Fund
- SIFRE Inter-faith Legacy Fund
- Skinner's Fund
- STIMULUS Fund
- Stubble Fund
- Suffolk Building Society Charitable Foundation Fund
- Suffolk Development Fund
- Suffolk Fund
- Suffolk Rural Fund
- Suffolk Sports Fund
- Tattersalls Fund
- Vestey Holdings Fund
- West Fund
- Women & Girls Fund
- Woodward Fund

How an endowment fund works



SUFFOLK'S STORIES: OLDER PEOPLE

Empowering older people to live dignified, productive, independent, happy and healthy lives is vital for our society as a whole. Supporting this to happen is a delicately balanced partnership between the individual, their families, local community and voluntary and public sector organisations.

Many of the recognised challenges for older people such as a decline in physical and mental wellbeing, social isolation, financial struggle, bereavement and loneliness, were made more apparent during the months of lockdown and we had the opportunity to really engage in supporting this vulnerable part of our society.

Equally, when the resources the older population provide (as grandparents and community volunteers) are removed from day-to-day life, it is immediately clear what a huge asset their life skills and experience bring to their communities.



Memories are Golden

Memories are Golden brings together individuals living with dementia, as well as people over the age of 65 at risk of social isolation. It provides activities, entertainment and events to improve wellbeing, as well build friendships with others. Funding enabled the organisation to open for an additional day offering more opportunities for respite for their families and carers. Activities included group chair exercises, trips to Felixstowe Beach, and Jubilee celebrations.



Our Special Friends

This organisation provides a holistic range of animal companionship support services which help improve mental health and emotional wellbeing as well as reducing social isolation and loneliness. Also, a distinctive and often crucial aspect of their work is that they are often able to identify unmet health and social care needs earlier than many other services. Funding supported the organisation to provide foster care for the pets of people in times of crisis such as admission to hospital. It has also helped provide weekly visits from volunteers with their pets to isolated individuals in order to provide animal companionship and vital human social interaction.



Re-engage

Launched as a response to the Covid-19 pandemic, Re-engage is a charity that helps to reduce loneliness and social isolation among older people aged 75 and over. They tackle this by facilitating opportunities for older people to find companionship and a sense of being valued. The Foundation provided funding that was put towards enhancing their social groups such as their monthly tea parties, their telephone befriending service and their 'Community Christmas' offering, ensuring older people don't have to face the festive season alone.



If you would like to support Suffolk Community Foundation to help improve the lives of those in need across Suffolk, please call a member of our team on 01473 602 602 or visit www.suffolkcf.org.uk

We would like to thank our patrons, trustees, honorary life patron, volunteers, grants panels, donors and supporters who have so generously contributed to the work of the Foundation over the past year.

Special thanks to all the people whose names appear below who have worked with us over the past year.

Patrons

Clare Countess of Euston
 HM Lord Lieutenant of Suffolk
 Rachel Kearton
 Chief Constable, Suffolk
 Constabulary
 Edward Creasy 2021/22 High
 Sheriff of Suffolk
 Jamie Lowther-Pinkerton LVO,
 MBE, DL 2022/23 High Sheriff
 of Suffolk
 The Rt Revd Martin Seeley
 Bishop of St Edmundsbury
 and Ipswich

Honorary Life Patron

James Buckle DL

Vice Patrons

Lord & Lady Cunliffe
 Dr Scilla Dyke MBE
 Sir Christopher Howes
 Christine Truman Janes MBE
 Lord & Lady Stevenson of
 Coddenham

Trustees

George Vestey DL
 Chairman Peter Newnham
 Vice Chair Jonathan Agar DL
 Sue Gull
 Jordan Holder
 Selina Hopkins (retiring)
 Gulshan Kayembe DL (retiring)
 William Kendall DL
 Jane Millar
 Neil Walmsley
 Terry Ward
 Gareth Wilson

Volunteers

Chris Abraham
 Tim Allen
 Shaun Allen
 Tony Allwood
 Gary Avis
 Asha Babooram

Heidi Bailey
 Adam Baker
 Sue Bard-Bodek
 Tom Barker
 Marisa Batson
 Lucy Beale
 Victrolia Beckley
 Paddy Bishopp
 Mike Bowden
 Nicki Bray
 Christine Breeze
 Ian Brighton
 Fiona Brunning
 William Buchanan
 Gillian Carlton
 Barry Chevallier Guild
 Ian Clark
 Sue Clarke
 Janet Clements
 David Collins
 Rachael Coombes
 Richard Cooper
 Michael Corley
 Stephanie Coupland
 Maggie Cross
 Andrew Cuthbertson
 Rob Danson
 Paul Davey
 Wendy Deakin
 James Dinwiddy
 Dean Dorsett
 Barry Dye
 Jane Eccleston
 Robert Everitt
 Caroline Farrall
 Nick Feldman
 Dominique Fell-Clark
 Kate Fitzsimons
 Trina Godfrey
 Mike Golding
 Lynne Goodwyn
 Robert Gough
 John Grange
 Ian Grutchfield
 Sally Haird
 Agnes Hallander
 Liz Hallworth
 Louise Hardwick
 Graham Hedger

Colin Hitchen
 Sam Holland
 Liz Hollingworth
 Rageene Hope
 Joshua Hopkins
 Claire Horsley
 Terry Hunt
 Clare Jackson
 Sharon Jarrett
 Mark Jepson
 Juno Jesuthasan
 Jo John
 Christina Johnston
 Slava Johnston
 David Kane
 Rob Kirkpatrick
 Zoe Knight
 Alistair Lang
 Iain Langdon
 Christine Laughlin
 Cathy Leney
 Selina Lim
 Paul Little
 Rachael Luckin
 Gemma Luther
 Irene MacDonald
 Jean Macheath
 Annie Macro
 Jo Marshall
 Jonathan Mathers
 Angela May
 Bridget McIntyre
 Shirley Mills
 Nicola Moody
 Tim Mutum
 Claire Neame
 Hannah Neuman-May
 Alexandra Nevill
 Graeme Norris
 Hayley Nunn
 Lolu Ogunniyi
 Lee O'Neill
 Anne Parsons
 Lucy Pettitt
 Gary Peverley
 Simon Pickering
 Carolynne Pinder
 Emma Pitt-Steele
 David Podd

Tiffany Pollock
 Joanna Purkiss
 Chris Pyburn
 Clive Rayner
 Keith Redfern
 Nicola Reynolds
 Nicole Rickard
 Lucy Robertson
 Andy Robinson
 Julie Rose
 Alasdair Ross
 Tim Rowan-Robinson
 Mary Rudd
 Katie Sargeant
 Judith Shallow
 Del Sharman
 James Sheridan
 Rachel Sloane
 Ashley Smith
 Nigel Smith
 Chris Southwell
 Joanna Spicer
 Amy Stagg
 Eugene Staunton
 Suzanne Steer
 Gary Stock
 Jane Storey
 Amanda Taylor
 Jill Taylor
 Sue Thurlow
 Katy Thurston
 Anita Toye
 Wendy Turner
 Vikki Versey
 Robin Vestey
 Paul Walker
 Mossy Walmsley
 Mark Walters
 Terry Ward
 Oli Watts
 Neil Watts
 Bryony Wells
 Lauren White-Miller
 Ian Wilson
 Derek Wolsten-Croft
 Steve Wooldridge



Over the past **18 years**, our grants team has worked in partnership with fundholder and volunteer grants panels to deliver over

9,500 grants

to **over 3,000** local charities and community groups.

Thank you!

It is impossible to acknowledge you all individually, but your support to the Foundation over the past year has been deeply appreciated. Our sincere thanks to those of you who donated your Winter Fuel payments to our Surviving Winter Appeal 2020/21, as well of those of you who have provided support in many ways, large or small to help us support local lives.

The AIM Foundation
Mr Robin Aitchison
Mr Anne Angel
Ashtons Legal
Mr James Austin
Mr Rodney Baker-Bates
Mr Alexander Banks
The Banks Group Limited
Mr James Barclay
Mr David Barclay
Mr Timothy Barker
Mr Michael Barlow
Mrs Susan Barnard
Mr Ian Bass
Baton Rouge
Area Foundation
The Lord Belstead
Charitable Trust
Benezet Limited
Mr John Bennett
Best Behaviour Dog Training
Best of Suffolk
Binder Limited
Birkett Long LLP
Birketts LLP
Viscountess Blakenham's
Charitable Trust
Mr Nicholas Bonnar
Mr Keith Bowman
Brewin Dolphin
Mr Tim Bridge
Mr & Mrs Denis Brooks
Mr Guy Brooks
Mr James Buckle
Mrs Emma Buckmaster
Mr Nick Bullen
Sir Michael & Lady Bunbury
Mr B G Button
Mr Ian Buzer
Mrs Sarah Carr
Castons
Chassis-Cab Ltd
Chestnut Group
The Childwick Trust
Christchurch Veterinary
Group
Mrs Helen Clarkson-
Fieldsend

Mrs Rosemary Close-Brooks
Collins Skip Hire
Mrs Ruth Common
Mr & Mrs Paul Cooke
Mr Richard Cooper
Cory Brothers Shipping
Agency Limited
Mr Charles Course
Mr David Craig
Mr & Mrs Edward Creasy
B Crowther
Lord & Lady Cunliffe
Mrs Alix Darell-Brown
Mr James Daunt
Mrs Patricia F Day
Mr & Mrs Colin de la Rue
Mrs June de Moller
Denbury Homes
Mr Terry Devine-King
Mr Andrew Didham
Mr Charles V Dinwiddy
Mr James Dinwiddy
Mr Alex Dolbey
Mr William Drake
Sir George Earle
Benevolent Fund
East of England
Co-operative Society
Ecclesiastical Insurance
Ellisons
Elveden Estate & Farms
Mr Graham Emmerson
Essex Community
Foundation
Countess of Euston
Mr Andrew Fane
Mr John Fell-Clark
Ms Dominique Fell-Clark
Fishers Gin
Mr Stephen Fletcher
Mrs Anne Fletcher
Florence Cohen
Charitable Trust
Fonnereau Road Health
Foundation
Forwood Design
Foundation East
Mr Jonathan Fox

Frank Jackson
Foundation Trust
G&W UK
Mr Nigel Gambier
Givergy UK
Mrs Candia Gladstone
Grange Shipping Limited
Greene & Greene
Mr Loudon Greenlees
Sir Edward Greenwell
Mr J Greenwood &
Mr A Swerdlow
Gressingham Foods Ltd
Mr Chris Harrod
Harwich Haven Authority
Mr Iain Hatfield
Hawke Optics Ltd
Mr Mike Haydon
Mr Guy Heald
The Rev Canon
Graham Hedger
Mr & Mrs John Helleur
Henry Smith Charity
Mrs Diana Hiddleston
Mrs Kate Hill
Ms Sheila Hitchcock
Sir Michael Hopkins
Mrs Claire Horsley
& Mr Paul Willcox
Ipswich and East Suffolk CCG
Ipswich School
Ipswich Town Football Club
Mrs Ann Jackson
James White Drinks Ltd
Jamie & Partners Property
Consultancy Ltd
Jim Lawrence Trading
JM Finn & Co
John Grose
Mr Michael Jones
Dr Philip Judd
Juddmonte Farms
Mr & Mrs William Kendall
Kidd Roddam and Webb
Amalgamated Charity
Lady Henrietta St. George
Sir Brian Langstaff
Ms Carolyn Larkin

LDH (La Doria) Ltd
Mr James Lightfoot
Lovewell Blake
Mr Colin Low
Mrs Rosemary Macaire
Mrs Fiona Mahony
Maritime Cargo Services
Maritime Transport
Mr Jonathan Marsh
Mrs Wendy Matthew
Lord Medway's
Charitable Trust
Mr Adrian Melrose
MHA MacIntyre Hudson
Mr Richard Middleton
Mr & Mrs David Midwood
Mr Douglas Miller
Mills & Reeve
Mr Martin Mitchell
Mr James Moore
The R & S Morley Trust
Mrs Emma Murphy
New Anglia LEP
New England Stud
Mr & Mrs Roger Nex
NFU Mutual
Norfolk Community
Foundation
Mrs Karin Norman-Butler
Mr & Mrs William Notcutt
Mrs Jackie Ordish
Ortus Group
Pargiter Trust
Mr and Mrs O Paul
Mr Mark Pendlington
Pigeon Investment
Management Ltd
Suffolk Police & Crime
Commissioner
Port of Felixstowe
Pound Gates & Sevatas
Mrs Jo Precious
Mrs Jo Pritchard-Barrett
Probert Charitable Trust
Ms Gale Pryor
Ms M Purves
Ms Diana Quick
The Edward Ramsden

Charitable Trust
Rathbones Investment
Management
Mr P F J Rendell
Roger Skinner Ltd
Mr & Mrs Simon Ronan
Mr & Mrs Robert Rous
Mr Nic Rumsey
Saxon Vets
Mrs Eileen Schlee
The Rt Rev Martin Seeley
Mr James Servaes
Shadwell Estate Company Ltd
Mrs Judith Shallow
Mr David Sheepshanks
Mrs Liliias Sheepshanks
Ms Jules Shorrocks
Mr Adam Signy
The Sikri Trust
Lord Somerleyton
Mr John Sones
Mr Magnus Spence
St Edmunds Trust
Mr Hugh Steavenson
Stoke by Nayland Hotel,
Golf & Spa
Suffolk Building Society
Suffolk Chamber of
Commerce
Suffolk County Council
Mrs Amanda Sutherland
Miss Jill Taylor
Technology Networks Ltd
The Estate of the Late Lillian
Mary Stubley
Mr Ian Thomson
Mrs Heather Tilbury Phillips
Trinity College Cambridge
UK Community Foundations
Mr Stephen Unwin
Mr Richard Vass
Mr George Vestey
Mr Antony S R Villar
Mr Jeremy Wagener
Mr Terry Ward
Mr Richard Watts
Mrs Sarah Wenban
West Suffolk Clinical
Commissioning Group
Mr Andrew Wheeler
Mr Charles Williamson
Miss Jill Wilshaw
Mr Sam Wilson
Mr Barry Zins



Equality of access to education is vital to an individual's life chances and ensuring that they fulfil their potential. The Suffolk voluntary sector offers a range of complimentary education based services that enhance personal development, learning and skills to increase aspirations.

They work with adults, young people and their parents, including those with disability and mental health issues, ex-offenders and many from diverse communities who do not have English as their first language.

Intergenerational learning and broadening access to a wider cross section of communities encourage people to break down barriers that have traditionally held people back.

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Schoolreaders

This organisation addresses the problem of poor literacy in childhood and its potential lifelong impact through a network of volunteers who provide 1-1 reading support to children, at no cost to schools. They engage communities, recruit volunteers and match them to primary schools locally. Children receive weekly visits from a volunteer who provides 1-1 reading support in school. Volunteers listen to the children in order to improve their reading ability and develop vital skills to help them access the curriculum and fulfil their potential. Funding from the Foundation has enabled Schoolreaders to recruit 20 volunteers to go into Suffolk primary schools to support 200 children with their reading every week.



Abbeycroft Leisure

As a charitable leisure trust and social enterprise, Abbeycroft Leisure promotes health and wellbeing through the provision of education, training and support as well as encouraging social interaction within the community. Funding has enabled Abbeycroft to deliver their 'Family Park Cooking' days to 50 families in West Suffolk during the half terms in 2021-22. Not only do they provide five days of food for families who get involved, but through the cooking lessons they also learn basic skills on how to cook simple, healthy meals on a budget to incorporate into their daily lives.



Ipswich Community Media

This organisation works mainly in Westgate Ward located in the centre of Ipswich, one of the most deprived wards in the country, and the most diverse in Suffolk. They work in partnership to provide exciting and innovative music, radio and video-based workshops utilising the latest technology to engage young people and develop their skills. Funding from the Police and Crime Commissioner's Fund has enabled the organisation to support the 'Making Waves' project, where they work with young offenders as well as those at risk of offending, by engaging them in creative activity that builds their confidence and self-esteem. The team at Ipswich Community Media create a safe environment to learn new digital skills and divert young people away from an offending lifestyle, which subsequently leads to positive progression.



If you would like to support Suffolk Community Foundation to help improve the lives of those in need across Suffolk, please call a member of our team on 01473 602 602 or visit www.suffolkcf.org.uk



Suffolk Community Foundation works collaboratively with public sector partners delivering

247 grants

totaling £1.8 million in 2021/22

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Suffolk Giving Fund
continued from page 29

- Suffolk Artlink
- Suffolk Coalition of Disabled People
- Suffolk Cruse Bereavement Care
- Suffolk Libraries
- Suffolk Mind
- Suffolk Rape Crisis
- Suffolk West Citizens Advice
- The Compass
- The Friends of St Mary's Church Stoke by Nayland
- The Hive Ipswich CIC
- The Hygiene Bank
- The Mix Stowmarket
- The Pear Tree Fund
- Thirst Youth Hub
- TOPCATS
- Unity Film & Production CIC
- Volunteering Matters
- Warren Association Trust
- Waveney Domestic Violence & Abuse Forum
- Waveney Gymnastics Club
- Waveney Roller Skating Club
- WIKID Music Community Interest Company
- WildEast
- Wonderful Beast
- Young People's Puppet Theatre

Suffolk Growing Minds Fund

- £161,506**
- EPIC Dad Community Interest Company
 - Home-Start Mid & West Suffolk
 - Suffolk Libraries
 - UK Babies

Suffolk's Hardship Fund

- £5,827**
- BME Suffolk Support Group
 - Home-Start Mid & West Suffolk
 - Sudbury and District Citizens Advice

Suffolk Police & Crime Commissioner's Fund
£285,495

- Access Community Trust
- Adfam National
- Be Me Like We
- Bures Sportsground Committee
- Future Female Society
- Green Light Trust
- Ipswich BMX Club
- Ipswich Community Media
- MN Well-Child Support CIC
- Northampton Saints Foundation
- Ormiston Families
- Porch Project
- RFEA - The Forces Employment Charity
- River Church Ipswich
- Room 4...
- St Augustine's Church Ipswich
- St Giles Trust
- Suffolk Mind
- Suffolk Refugee Support
- The Compass
- The Hive Ipswich CIC
- The Mix Stowmarket
- Volunteering Matters
- Wickham Market Parish Council

Suffolk Sports Fund
£21,761

- ActivLives
- Bury St Edmunds Cricket Club
- Catch22 Suffolk Positive Futures
- Copdock & Washbrook Village Hall
- Finborough Ladies Netball Club
- Gatehouse Caring in East Anglia
- Honington and Sapiston Parish Council
- Ipswich Sports Club For The Disabled
- P.H.O.E.B.E.
- Pisces Swimming Club for Disabled People
- Sweffling Tennis Club
- TOPCATS

Sugar Reduction Fund
£10,374

- Brampton School Parents and Friends Association
- Bridge Project Sudbury
- Catch22 Suffolk Positive Futures
- Coldfair Green School Association
- Friends of Bramfield School
- Greener Growth CIC
- Ringsfield School Parents and Friends Association
- St Andrews Pre School

Surviving Winter Fund
£83,325

- Citizens Advice Ipswich
- Porch Project

Technology Networks Fund

- £4,500**
- Fresh Start Charity
 - Kernos Centre
 - Suffolk Mind
 - The Hygiene Bank

West Grantmaking Fund

- £7,000**
- Claydon and Barham Recreation Ground
 - Future First
 - Ipswich Town Community Trust
 - Level Two Youth Project
 - Music in Our Bones
 - Suffolk Wildlife Trust
 - Suffolk Young People's Health Project

Wider Horizon Fund
£6,042

- Bramford Lane Allotments
- Citizens Advice East Suffolk
- Music in Our Bones
- Pisces Swimming Club for Disabled People
- Rock Paper Scissors Arts CIC

WN Estates Fund
£12,000

- Leiston United Church
- Riding for the Disabled (Woodbridge & District Group)
- Seckford Education Trust
- White Elm Woodland CIC
- Wonderful Beast

Women & Girls Fund
£10,849

- 29th Ipswich (All Hallows) Guides
- Future Female Society
- Future Inclusions Organisation
- Homestart in Suffolk
- Lowestoft and Waveney Breastfeeding Support
- Suffolk Libraries
- Suffolk Rape Crisis
- The Befriending Scheme
- The Mix Stowmarket
- Victorious Living
- Volunteering Matters

Woodward Fund
£5,988

- Suffolk Young People's Health Project
- The Mix Stowmarket
- WildEast
- Wonderful Beast

Youth Intervention Fund

- £236,463**
- 1st Mid Suffolk Boys Brigade and Girls Association
 - Abbeycroft Leisure
 - Access Community Trust
 - Britten Pears Arts
 - Eyes Open CIC
 - Haverhill Community Trust
 - Just42
 - Kernos Centre
 - Learning in Nature CIC
 - Moreton Hall Youth Action Group
 - Out Loud Music
 - Porch Project
 - Siren Calling
 - Suffolk Family Carers
 - Voices 4 Gainsborough Community Library
 - Volunteering Matters
 - Wednesday's Child
 - Whitton Youth Partnership

The relationship between local businesses and charities is well established, but often the choice to work with larger, national charities is favoured – simply because it isn't always easy to find or know how best to support smaller charities that operate right on your doorstep.

Importantly, for employees, clients and customers, it is these very charities that can have the greatest impact on local lives.

At Suffolk Community Foundation, many businesses have already created funds in their name, which offer flexibility and control without the administrative burden and with protections in place to ensure that money is spent ethically while making the biggest difference.



For further information or a confidential conversation, please contact Henry Tapp, Private Client Relationship Manager:

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Each fund can be tailored to match the need in the county with your charitable objectives, whilst also resonating with employees.



“Pound Gates is a Chartered Insurance Broker based in Ipswich. We are a values-led organisation with a strong culture of Doing Good, balancing the desire for business success with the wider communities in which we are active and where we can have an impact.”

In 2013, we established The Acorn Fund, a partnership with Suffolk Community Foundation. It provides an effective vehicle to donate to local charities and community groups, which provide the greatest impact in the area. Since the Fund's inception, we have donated £46,000 to 33 great causes, all aligned to our chosen theme of 'health and wellbeing'. A recent impact analysis, carried out by the Foundation, found that our grants have impacted the lives of over 4,000 people. This is truly staggering and there is no way we could have put our money to such great use without the partnership and support of Suffolk Community Foundation.

We make sure our staff are fully involved in all aspects of the partnership, from voting on which causes we support to fundraising for the Fund through a range of initiatives and visiting the causes we fund. Collaborating with the Foundation is an excellent way for businesses of all sizes, no matter how big or small your fundraising might be, to channel that money and make a real difference for the local community. It also comes with the added benefits of creating better engagement with staff and suppliers, so it's a win-win all around.”

DEL SHARMAN, DIRECTOR, POUND GATES



PHOTO COURTESY OF SUFFOLK DIRECT / PAGERIX

POUND GATES
CHARTERED INSURANCE BROKERS

We would like you to know our CEO a little better...

In your opinion, what are the biggest challenges the county is facing right now?

These last few years we have lived through significant changes driven by major external factors. For many people, their health and wellbeing and economic situation will have worsened with all the associated social issues that arise from that. As a county, we can act together to respond and make a difference and Suffolk Community Foundation can play a pivotal role.



What has most surprised you since you have joined Suffolk Community Foundation?

Lots! This is a very new area of work for me and I'm learning a great deal. I am particularly struck by the network of donors, philanthropists, businesses and volunteers across Suffolk who give so much of their time, money or both to make a difference. It's not something that is always visible or appreciated.

What interests do you have outside work?

I am an ITFC season ticket holder COYB! I enjoy art, dance and theatre so a special treat would be to go to an exhibition or a play with a delicious lunch beforehand! We have an allotment in Ipswich and I really enjoy a day gardening or at the plot.

What causes are you passionate about?

Women's rights, equality and diversity. I went to an all girls school which early on drilled into me that women and girls can do whatever they want to achieve. This drive to tackle inequality can be carried across all sectors of society and in promoting social justice.

How do you deal with work stress?

I try to run several times a week - my favourite Parkruns are Sizewell and Ipswich. As hard as it might be though at times of greater pressure, the thing that makes the biggest difference to me is to be strict about having time to properly switch off at the weekends or on days off. It can be tempting to 'try and get ahead' and work when you're meant to be off. This can be the start of the slippery slope so I try and resist and recharge instead so I can be more productive after a proper break.

What's the career highlight you're most proud of?

Probably the last two years of my time as CEO in NHS Norfolk and Waveney Clinical Commissioning Group. I led the pandemic response for Norfolk and Waveney and one of the most successful covid vaccination programmes in the country for the 1.1m population. It was both a privilege holding the position but equally terrifying at the same time as the stakes were so high.

What do you remember most about your first job?

My first job after leaving university was with Voluntary Services Overseas in rural Zimbabwe. I spent two years teaching O level maths and science - a massive and sudden immersion in a very different culture and community at the age of 23. Like all the jobs I have had since then, it's the people I worked with that I remember most.

What's your favourite thing about your current job?

I'm enjoying how every day is completely different. I am having so many 'wow' moments seeing parts of Suffolk and communities that I didn't know existed and seeing first-hand the incredible impact that local charities are having. For example in visiting Bury Drop In, I was struck by how the voluntary sector strive to build a vibrant, supportive and trusting environment in particular providing support to those experiencing homelessness.

And finally, how do you take your coffee?

I love coffee! A skinny flat white or a strong black coffee please.

Creating opportunities for people to come together and feel that they belong to a happy, safe, friendly and inclusive community is key to our own wellbeing and success as a society. A healthy community feels vibrant and has a mixture of activities and things going on that are suitable for all ages.

We all have a responsibility and need to play a part in ensuring that the streets where we live are safe to walk and that community hubs and safe spaces are available for people to meet. Friendships can then flourish amongst neighbours of different ages, races and cultures as we get to know and understand each other more fully.

Building a supportive and resilient community ensures that when issues arise, people will naturally come together to help and support each other.



Halesworth Volunteer Centre

Halesworth Volunteer Centre (HVC) offers people the opportunity to play an active role in their community. It provides services for those affected by ill-health or isolation and supports local organisations by providing volunteer training and support services. It also runs a Community Car Service and a Befriending Service for those who are isolated. The grant received has helped support the Halesworth Community Larder to employ a co-ordinator and increase management support. This will ensure that the Larder has robust systems in place to recruit new volunteers, to manage gifts and donations and to liaise with Suffolk County Council, FareShare and other local businesses.



Emmaus

Emmaus offers assistance for the homeless as well as those who are socially isolated or long-term unemployed. They currently have three shops located in Ipswich and Felixstowe which sell a range of high-quality second-hand items, with a long term aim to help enable people to move from emergency housing to independent living. Funding from the Foundation has helped this organisation to run a Community Hub at a new venue in Old Felixstowe, using the Community Centre. They have focused on participants that are highly susceptible to loneliness and isolation, alongside other issues including addiction, unemployment, family breakdown, homelessness and individuals living in poverty.



BME Suffolk Support Group

This organisation aims to provide practical support for families and individuals from ethnic minority groups within Northwest Ipswich and Brandon in order to help them achieve social integration. A team of volunteers put on and operate a foodbank as well as drop-in sessions to provide support on employment, housing, benefits, immigration and mental health and wellbeing support. Recent funding will enable them to set up two new monthly groups reaching more vulnerable people in the BAME community in order to continue to improve loneliness and social isolation.



If you would like to support Suffolk Community Foundation to help improve the lives of those in need across Suffolk, please call a member of our team on 01473 602 602 or visit www.suffolkcf.org.uk

CONTACT THE TEAM

If you need to speak to one of the team please call us on 01473 602 602



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THANKS TO OUR TRUSTEES

We would like to take the opportunity to thank our Chairman George Vestey DL and the Board of Trustees for their unwavering energy and support. We would also like to thank our retiring trustees Selina Hopkins and Gulshan Kayembe and welcome Gareth Wilson to the team.



Jonathan Agar DL



Sue Gull



Jordan Holder



Selina Hopkins
Retired



Gulshan Kayembe DL
Retired



William Kendall DL



Jane Millar



Peter Newnham
Vice Chair



George Vestey DL
Chairman



Neil Walmsley



Terry Ward



Gareth Wilson





Do you know you can find us on social media too?



Be sure to connect with us on Facebook, Twitter, Instagram, LinkedIn and YouTube to stay updated with events, news and to gain a real insight into what the Foundation team gets up to, to help address the need in our county.

If you want to keep up to date with what we are up to you can also join our mailing list. Don't worry, we won't 'spam' your inbox with loads of emails. By joining our mailing list, you will receive the occasional updates about new funds, as well as the latest news from the team. You can subscribe here:

suffolkcf.org.uk

Whilst the website truly is our hub of activity, we always welcome a phone call. Our friendly team can answer any queries you may have, just head on over to our contact page or call us on 01473 602 602



As we seek to reduce our carbon footprint, more of our literature and reports are being delivered electronically. This QR code will take you to an electronic version of this report - please do share it with your friends and colleagues.



Leave a Legacy.

Suffolk Community Foundation has the privilege of managing **112 funds, 72 of which are endowment funds**, that have been created in partnership with donors and, in many cases, with the support of the professionals who advise them.

With a combined current **value of £20.8M** the majority have been created as 'Living Legacies' with donors sharing first-hand the positive impact that their funding achieves.

If you have benefited from an inheritance, or you are thinking about what legacy you will leave either now or when you are gone, we're here to help.

Death and dying are difficult to talk about, but using your legacy to its best effect is one area of our expertise.

You may choose to ask the Foundation to allocate your gift to one of our existing funds. Alternatively, you may decide to create a named fund to support your own particular charitable interests as well as ensuring your name lives on in the future. If you wish, this option enables your family to have an input on how the funds are distributed.

Charitable gifts are exempt from inheritance tax and could help reduce the total amount of tax paid on your estate. Anyone leaving at least 10% of their estate in their will to charity benefits from an effective reduction in inheritance tax from 40% to 36%. As an accredited Community Foundation, legacies made to Suffolk Community Foundation qualify as a charitable donation.

Whether you are looking to begin working on your charitable legacy during your lifetime, leave a charity legacy in your will or in memory of a loved one, a donation made today will continue to make a positive difference to local lives for many generations to come.



For further information or a confidential conversation, please contact Melanie Craig, Tim Holder or Henry Tapp:

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SUFFOLK
Community
Foundation

SUPPORTING LOCAL LIVES

Suffolk Community Foundation

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